

Yael Adler

We don't talk about such things

- The new book by no. 1 best selling author Yael Adler
- No. 1 SPIEGEL best seller list



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Everything about our body's taboo zones

80,000 copies sold

In contrast to laws, taboos are rarely discussed or documented in public. Rather, they are rules practiced in silence. However, they can powerfully govern our lives and be quite practical because they give us a framework for our thoughts and deeds. Let's be honest, sometimes it's quite nice to not have to worry about whether something is wrong or right, appropriate or improper all the time.

But taboos often constrain us and can be life threatening. Especially when it concerns our bodies: about hygiene, strange knobs or pustules, unpleasant smells or noises that our body happens to produce, which can, however, also be a sign of a serious illness, and of course almost everything to do with sexuality.

With b/w illustrations by Katja Spitzer.

Detailed English exposé available.

The author:

Yael Adler (born in 1973 in Frankfurt am Main) is a doctor, health care researcher, writer and presenter. She has a strong presence on TV, radio and print media as expert on health care.

Adler studied Medicine at the Johann Wolfgang Goethe University in Frankfurt am Main and the Berlin Free University, graduating in 1999 from the University Clinic of her home town. In 2003 she completed her training as specialist in ailments of the skin and in sexually transmitted diseases followed by additional training in Phlebology (2004). Since 2007 she has been resident dermatologist in her own private practice in Berlin and, since 2009, has also worked at the Berlin-based European Prevention Centre and Heart Institute. She is a member of the expert panel at the German Federal Chamber of Pharmacists.

Since 2003 Dr Adler has been on a host of different German TV channels, presenting on several programmes.

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