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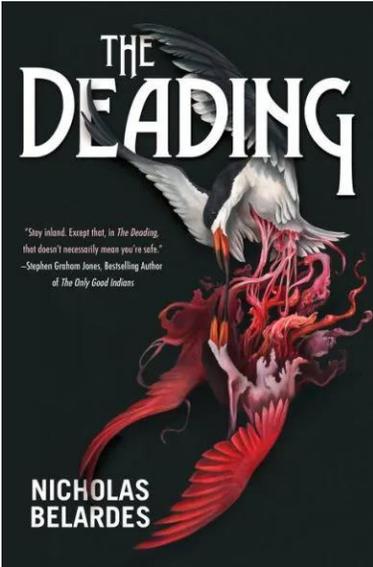
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LONDON 2024

THE DEADING
Nicholas Belardes



Under The Dome meets *The Last of Us* in this harrowing climate fiction novel about the downward spiral of a seaside town after it becomes infected by a mysterious ocean-borne contagion.

If you want to stay, you have to die.

In a small fishing town known for its aging birding community and the local oyster farm, a hidden evil emerges from the depths of the ocean. It begins with sea snails washing ashore, attacking whatever they cling to. This mysterious infection starts transforming the wildlife, the seascapes, and finally, the people.

Once infected, residents start “deading”: collapsing and dying, only to rise again, changed in ways both fantastical and physical. As the government cuts the town off from the rest of the world, the uninfected, including the introverted bird-loving Blas and his jaded older brother Chango, realize their town could be ground zero for a fundamental shift in all living things.

Soon, disturbing beliefs and autocratic rituals emerge, overseen by the death-worshipping Risers. People must choose how to survive, how to find home, and whether or not to betray those closest to them. Stoked by paranoia and isolation, tensions escalate until Blas, Chango, and the survivors must make their escape or become subsumed by this terrifying new normal.

At points claustrophobic and haunting, soulful and melancholic, *The Deading* lyrically explores the disintegration of society, the horror of survival and adaptation, and the unexpected solace found through connections in nature and between humans.

Early praise:

“Do not eat fish from these waters. Or oysters. Really, just stay inland. Except that, in *The Deading*, that doesn’t necessarily mean you’re safe either.” – Stephen Graham Jones, bestselling author of *The Only Good Indians*

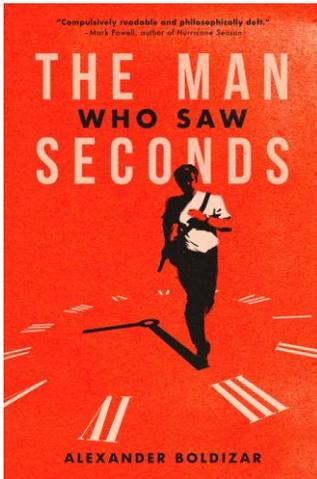


Nicholas Belardes, a dual-ethnic Chicano writer, is currently a graduate candidate in fiction studies at University of California where he received the Founder’s Award, given to a promising new student each year, and worked with Stephen Graham Jones and Tod Goldberg. He has also worked extensively as a ghostwriter, including ghostwriting a number of NYT bestselling YA novels. His work has appeared in *Speculative Fiction for Dreamers* (Ohio State University Press), *El Porvenir Ya!*, and *Boom California’s Postcard Series Collection* (University of California Press/Angel City Press).

Kensington
304 pages
Jud Laghi Agency
Manuscript available

World English rights: Kensington

THE MAN WHO SAW SECONDS
Alexander Boldizar



****Publishers Weekly Notable Book Spring/Summer 2004****

Preble Jefferson can see five seconds into the future.

Otherwise, he lives an ordinary life. But when a confrontation with a cop on a New York City subway goes tragically wrong, those seconds give Preble the chance to dodge a bullet--causing another man to die in his place. Government agencies become aware of Preble's gift, a manhunt ensues, and their ambitions shift from law enforcement to military research. Preble will do whatever it takes to protect his family, but as events spiral out of control, he must weigh the cost of his gift against the loss of his humanity.

A breathless thriller that will keep you on the edge of your seat until the very last page, *The Man Who Saw Seconds* explores the nature of time, the brain as a prediction machine, and the tension between the individual and the systems we create. Alexander Boldizar provides an adrenaline-pumping read that will leave you contemplating love, fear and the abyss.

Early praise:

"Alexander Boldizar's brilliantly wild *The Man Who Saw Seconds* is part thriller, part gunfight (hell of a gunfight), part intellectual examination of what we mean when we say 'freedom,' and all heart. Absurd, hilarious, and deadly serious, this is the rare novel that is both compulsively readable and philosophically deft." --Mark Powell, author of *Hurricane Season*

"There are books on brain physiology, books on anarchist philosophy, books on the nature of time. There are certainly books whose hero is pursued by governments of all stripes, books in which the entire world is at stake. There are books whose body counts put Schwarzenegger movies to shame. But there has never been a book to combine all these with supreme intelligence, set not in some remote future but an all-too-plausible present. *The Man Who Saw Seconds* is the first." --Aaron Haspel, author of *Everything*

"By turns hilarious and harrowing, *The Man Who Saw Seconds* is our era's Dr. Strangelove, a brilliantly conceived sci-fi absurdist romp, where one man's tussle with local law enforcement escalates into a battle against the larger social institutions we labor to uphold while struggling to survive within, prisoners of our own fears." --Joe Pan, author of *Operating Systems*

"A split-second decision can change a life, but you have never experienced it snowball the way you do in *Seconds*, this fast-paced speculative novel...No novel in recent memory answers the question as convincingly: 'Will I risk destroying the world to save the people I love?' Boldizar raises stakes to world-tipping proportions and I literally lost sleep turning pages to discover what happens next. *Seconds* is a science fiction tour de force." --Martin Ott, author of *Dream State, Castle Bridge Media*

"With Jason Bourne's frenetic pace and *The Terminator's* body count, *The Man Who Saw Seconds* is at the surface an action-packed thriller. But as I raced through the pages I also delighted in Boldizar's intelligence and humor as--bit by bit--he shows us how male decision cycles and egos can escalate the mayhem..This nail-biting novel left me blinking, reeling and contemplating fear and love, and the horrifying extremes we'll go to for each." --Emma Payne, author of *Technology with Curves*

"Meticulously researched, surprisingly philosophical, *The Man Who Saw Seconds* is a brilliant page-turner, a book about brain function and perception, national intelligence systems and law enforcement, the nature of time and space. A lot of smart people can't write fiction--too smart, too self-absorbed. But Boldizar is one of our happy exceptions. This book is a blast." --Pete Duval, author of *The Deposition*



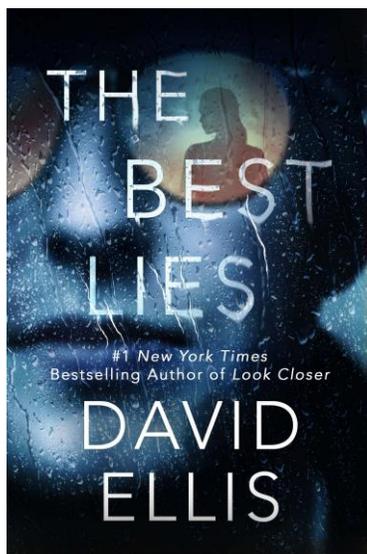
Alexander Boldizar was the first post-independence Slovak citizen to graduate with a *Juris Doctor* degree from Harvard Law School. Since then, he has been an art gallery director in Bali, an attorney in San Francisco and Prague, a hermit in Tennessee, a paleontologist in the Sahara, a porter in the High Arctic, a consultant on Wall Street, an art critic out of Jakarta and Singapore, and a Times Square billboard writer in New York City. He now lives in Vancouver, Canada. Boldizar's writing has won the PEN/Nob Hill prize, a Somerset Award for literary fiction, and other awards, including a *Best New American Voices* nomination. His novel, *The Ugly*, was a best-seller among small presses in the United States with several "Best Book of 2016" awards and lists.

Clash Books
332 pages
Manuscript available

World English rights: Clash

THE BEST LIES

David Ellis



Bestselling and award-winning author David Ellis delivers a fast-paced, twisty thriller that will surprise readers at every turn

Leo Balanoff is a diagnosed pathological liar with unthinkable skeletons in his family's closet. He's also a crusading attorney who seeks justice at all costs. When a ruthless drug dealer is found dead and Leo's fingerprints show up on the murder weapon, no one believes a word he says. But he might be the FBI's only shot at taking down the dealer's brutal syndicate.

Risk his life going undercover for the Feds or head straight to prison for murder? Leo accepts the FBI's offer—but it comes with a price, including a collision course with his ex, Andi Piotrowski, a former cop and “the one who got away.” Forced to walk a tightrope between an ambitious FBI agent and a cruel, calculating crime boss, Leo's trapped in a corner. But he has more secrets than anyone realizes, and a few more cards left to play ...

Praise for LOOK CLOSER:

“The fun is figuring out what parts of the story – if any – should be trusted... Though Ellis juggles a great many plot strands, he doesn't drop them; the result is wildly entertaining.” – *New York Times*

“Serpentine revelations will surprise even the cleverest mystery readers. This complex tale of triple-crossing and devious revenge should win Ellis new fans.” – *Publishers Weekly*

“Twisty, intricately plotted... A roller-coaster ride full of unexpected twists and turns.” – *Kirkus*

“Impressive...the tale of murder and misdirection is a sold two days of beach escape.” – *Chicago Tribune*



David Ellis is a lawyer and the best-selling author of twelve novels including the award-winning Jason Kolarich legal thrillers and multiple books with James Patterson. He lives outside Chicago with his family. His most recent thriller, LOOK CLOSER, has sold over 60,000 copies and film/tv rights were optioned by Amazon for producer Carlton Cuse (*Lost, Jack Ryan, Locke & Key*).

Putnam
416 pages
Einstein Literary Management
Manuscript available

Rights sold to LOOK CLOSER: Bulgarian/Bard; Italian/Fanucci; Polish/Harde; Russian/Exsmo

APRIL 2022

JULY 2022

OCTOBER 2023

SEPTEMBER 2024

GIRL OF HEARTS (Book 1)
MOTHER OF SPADES (Book 2)
DAUGHTER OF DIAMONDS (Book 3)
KING OF CLUBS (Book 4)
J. Gabriel Gates



Four tribes of ruthless demigods rule over luck in our world. To save her mom, Aggie must join them. This contemporary YA fantasy features royal intrigue, slow-burn romance, and a magical system based on the four playing card suits: diamonds, clubs, hearts, and spades.

A proud nerd and teen scientist, Aggie doesn't believe in gods or in luck. Her OCD is under control—mostly—and her mom, Rachel, has just finished building a dark matter machine that could win back her job as a physics professor. When Rachel disappears, Aggie sneaks into the casino where her mom has been earning money as a card-counter. Instead of finding her, Aggie is captured by a gang of men with tattoos of clubs on the palms of their hands—the Blackovers. A dangerously beautiful boy, the mercurial Jack Valentine, helps her escape.

Because of a glitch in the dark matter machine, Aggie has been filled with charm, good luck energy, while her mom received bad luck energy and may be forced to become a Blackover. To save her, Aggie must join Jack and his fellow Valentines. She finds herself whisked into their world of opulent mansions, gorgeous people, and fancy cars. Aggie must master her newfound luck powers, battle the dark suits, and brave the unlucky underbelly of the city—or risk losing her mom forever.

In Book 2, *MOTHER OF SPADES*, Aggie is ready to concentrate on important things like college essays, science projects, and her secret older boyfriend. There's one major distraction, however: she's a demigoddess with the power to control luck. Her mom is one, too—the deadly Queen of Spades. When Aggie discovers how wicked her mother has become, she knows she has to win her back from the evil forces controlling her before it's too late.

Aggie is shocked when she's chosen to be the next queen of her suit. Accepting the role will give her the strength to defeat her mom and save her. But in order to become queen, Aggie must first face a deadly trial, a heist to steal a dangerous treasure from the most powerful luck god of them all.

Book 3: As a newly minted Queen of Hearts and a high school senior, Aggie has her hands full. Being a demigoddess. Managing her OCD. Prepping for the SATs. And most of all searching for her mom, who has been brainwashed and remade into a bad luck goddess, the Queen of Spades.

Aggie needs help from her suit of luck gods to get her mom back. But when a prominent Heart is murdered, the Valentines split into factions and question her leadership—because Aggie is one of the suspects. To prove her innocence and regain her suit's loyalty, Aggie must solve the murder. Her partner on the case? Her roguish sort-of-ex-boyfriend, the Jack of Hearts. The investigation will pit them against goblins, sylphs, bad luck gods, a mysterious secret order, and even members of their own suit in a quest to solve the murder, reunite the Valentines, and save Aggie's mom. But they'll have to hurry. Because the Queen of Spades has plans, too. Plans that could cast a shadow of misery over the entire world.

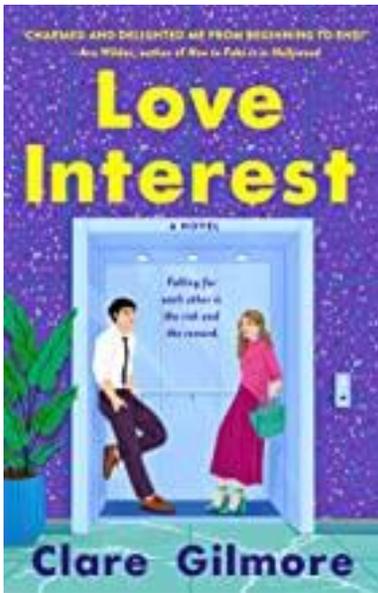
Praise: “Gates has created a fresh, magical world where luck is power...A must-read.” – Nissa Leder, author of *Whims of the Fae* series

J. Gabriel Gates is the author of YA contemporary fantasy and horror books and screenplays. A graduate of Florida State University and Spalding University's MFA writing program, Gates has taught writing at the college level and has worked as a ghostwriter. When not writing books, he works as the executive director of a prominent regional arts organization.

Steed Publishing
396 pages
Howland Literary
Book available

LOVE INTEREST

Clare Gilmore



A sparkling debut co-worker enemies-to-lovers rom-com set at a fictional Conde Nast-style company.

Casey Maitland has always preferred the reliability of numbers, despite growing up the daughter of two artistic souls. Now a twenty-four-year-old finance expert working in Manhattan, Casey wonders if the project manager opening at her company – magazine powerhouse LC Publications – is a sign from the universe to pursue a career with a little more sparkle. That is, until she’s passed over for the job in favor of the board chairman’s son.

Alex Harrison is handsome, Harvard-educated, and enigmatic. Everybody loves him – except for Casey. But when the two are thrown on the same project, they both have something to prove. For Casey, it’s getting tapped for a transfer to the London office and fulfilling her dreams of travelling. For Alex, it’s successfully launching a brand that will impress his distant father.

As work meetings turn into after hours, Casey and Alex are drawn to each other again and again, but neither can avoid the messy secrets and corporate intrigue threatening to tear them apart. What they discover about their own company might change everything – including the dreams each of them is chasing.

Praise:

"Gilmore’s confident debut rom-com...adds some welcome realism to this workplace romance. This should earn the author many fans."
— *Publishers Weekly*

"In this engaging enemies-to-lovers romance... The couple are likable, fully developed characters with believable, interesting backstories. Their steamy chemistry and witty banter will have readers cheering for their eventual happy ending." — *Library Journal*

"Casey's snarky internalized narrative voice will win over readers; she is both analytical and competitive, yet sensitive and vulnerable, at her core. This, along with a diverse cast, lots of romantic chemistry, authentic corporate angst, and spot-on details about the appeal of living and working in New York City, will have rom-com readers falling headlong for this swoon-worthy, feel-good first novel." — *Shelf Awareness*

"I can’t gush enough about *Love Interest*, an enemies-to-lovers gem that has quickly taken its place among my favorite romances. Clare Gilmore has managed to write a love story that feels both utterly of the moment—laugh-out-loud funny and irreverently edgy—and like an instant classic, delivering the heart and depth that make some romances stand the test of time." — Ashley Winstead, author of *The Boyfriend Candidate*

"Clare Gilmore strikes the perfect balance between intense/angsty and lighthearted fun in her debut contemporary romance *Love Interest*. With sexy vibes, sharp dialogue, and astute observations of life and love, the author brings an authentic and seemingly effortless understanding of how early twenty-somethings navigate independence, work, and romance. This was an absolute delight to read." — Meredith Schorr, author of *As Seen On Tv*

"*Love Interest* perfectly captures the thrill of those first few post-college years; the excitement and fear of casting off what’s expected of you in favor of what you actually want, and the exhilaration of falling head-over-heels for the last person you’d expect. This book charmed and delighted me from beginning to end!" — Ava Wilder, author of *How to Fake it in Hollywood*

"Smart, sexy, and full of laughs, *Love Interest* will have readers swooning. With sparkling banter and lovable characters who jump off the page, Gilmore is a sharp new voice in romance perfect for fans of stories with big, messy but endearing hearts." — Holly James, author of *Nothing But the Truth*

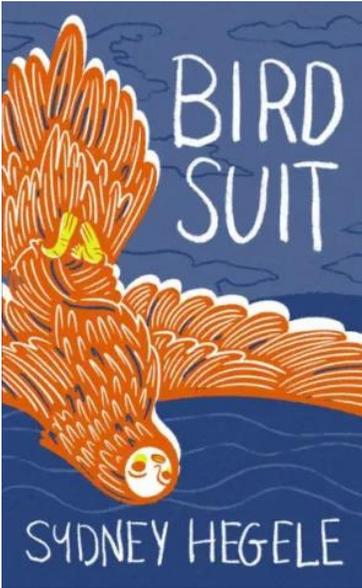


Clare Gilmore, a Nashville-native, studied Supply Chain Management and English Literature (a perfect combination) at the University of Tennessee. She currently lives in North Carolina daylighting as a corporate analyst. She spends her moonlight hours cooking excessively elaborate meals and planning more vacations than she’ll ever be able to take.

St. Martins Press
352 pages
Stonesong Literary
Book available

Rights sold: Italian/Hope Edizioni
World English rights: St Martins Press; **German rights:** Michael Mellor Agency

BIRD SUIT
Sydney Hegele



A tourist town folk tale of stifled ambition, love, loss, and the bird women who live beneath the lake.

Every summer the peaches ripen in Port Peter, and the tourists arrive to gorge themselves on fruit and sun. They don't see the bird women, who cavort on the cliffs and live in a meadow beneath the lake. But when summer ends and the visitors go back home, every pregnant Port Peter girl knows what she needs to do: deliver her child to the Birds in a laundry basket on those same lakeside cliffs. But the Birds don't want Georgia Jackson.

Twenty years on, the peaches are ripening again, the tourists have returned, and Georgia is looking for trouble with any ill-tempered man she can find. When that man turns out to be Arlo Bloom—her mother's ex and the new priest in town—she finds herself drawn into a complicated matrix of friendship, grief, faith, sex, and love with Arlo, his wife, Felicity, and their son, Isaiah. Vivid, uncanny, and as likely cursed as touched by grace, their story is a brutal, generous tale as sticky and lush as a Port Peter peach.

Early praise:

"Gorgeously strange, marvelously written, bursting with peril, howling with life, *Bird Suit* is a splendid novel, the kind you don't want to end, the kind that follows you (listen for the flapping) around."—Laird Hunt, author of *Zorrie* and *In the House in the Dark of the Woods*

"*Bird Suit* is soft and perfumed as a peach, with a hard, brutal, and wildly strange pit at the centre. This is a special novel, in the sense that it feels like something biological and rare, found in a mossy forest, but it is of our world, however skewed it may seem, because it investigates the difficult, true things of life. Love, sex, friendship, hatred, cruelty, violence, faith. Sydney Hegele's writing is a delight to read, and their characters are compelling and absorbing. You will love them, cry for them, and shake your fist at them. *Bird Suit* marks the arrival of an original, brilliant new voice."

—Richard Mirabella, author of *Brother & Sister Enter the Forest*

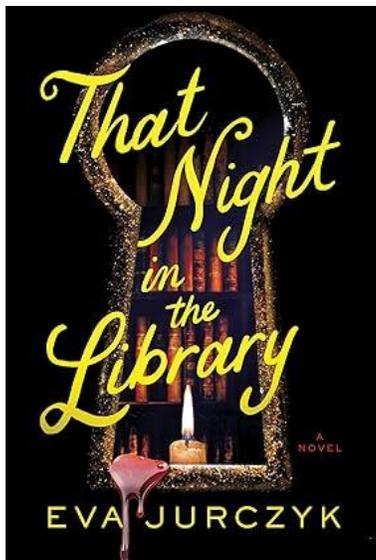


Sydney Hegele is the author of *The Pump* (2021), winner of the ReLit Literary Award for Short Fiction and a finalist for the Trillium Book Award. Their work has appeared in *Catapult*, *Electric Literature*, *EVENT*, and others. Sydney grew up in the Niagara Region in Southern Ontario, and they currently live with their husband and French Bulldog in Toronto, Canada.

Invisible Publishing
272 pages
Howland Literary
Manuscript available

THAT NIGHT IN THE LIBRARY

Eva Jurczyk



A locked-room mystery in the vein of Agatha Christie's *And Then There Were None* for the generation raised on horror movies like *Bodies Bodies Bodies*, with a murderous twist that could only happen in the captivating world of rare books.

Film/TV rights optioned to The Gotham Group

It's the night before graduation. Seven students gather in the basement of the rare books library. Most of them were lucky enough to have jobs in that magical place, but with the end of classes behind them, it's the last night they'll all ever get to work together. They're not allowed in the library after closing time, but it's the perfect place for their ritual—one borrowed from the Greeks, said to free those who take part in it from the fear of death. And what better time to seek the wisdom of ancient gods than in the hours before they'll scatter in different directions to start their real lives?

But just a few minutes into their celebration, the lights go out – and one of them drops dead.

As the body count rises, with nothing but the books to protect them, the group must figure out how to survive the night while trapped with a murderer. **THAT NIGHT IN THE LIBRARY** is a chilling literary mystery that transports the reader to a world where secrets live in the dark, books breathe fears to life, and the only way out is to wait until morning.

Praise:

"Filled with as much keen observational insight as there are twists and turns, *That Night in the Library* will keep readers guessing even as its razorblade social commentary will make them squirm. A thoroughly entertaining and thought-provoking read." — Bianca Marais, bestselling author of *The Witches of Moonshyne Manor*

"Jurczyk breathes sentience and menace into the rare books library. She lures you in and traps you in this chilling mystery until the very last page." — Sulari Gentill, *USA Today* bestselling author of *The Woman in the Library*

"This chilling locked room mystery grows more sinister by the page, culminating in a cut-throat final twist and reveal I never saw coming. *That Night in the Library* is as gripping as it is terrifying. Once you enter the library, there is no turning back." — Elle Cosimano, *New York Times* bestselling author of the Finlay Donovan mysteries

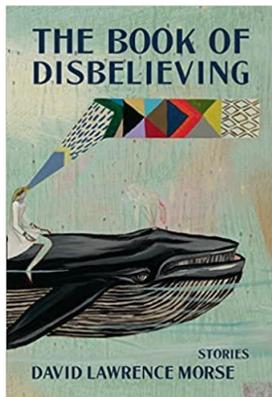


Eva Jurczyk is a writer and librarian living in Toronto. She is the author of the debut *The Department of Rare Books and Special Collections* (Sourcebooks/Poisoned Pen, 2022) and is currently working on her next locked-room mystery (2025)

Sourcebooks/Poisoned Pen
288 pages
Howland Literary
Manuscript available

Rights sold: Greek/Ellika Grammata

THE BOOK OF DISBELIEVING: Stories
David Lawrence Morse



Winner of the 2022 Mary McCarthy Prize in Short Fiction

2023 One Story Literary Debutante selection

The nine stories in *The Book of Disbelieving* open portals to fabulist worlds and magical objects: a village built on the back of a whale, a holiday that requires literal leaps of faith, a tower that houses an entire civilization, a diary that blurs the line between imagination and memory. The worlds Morse creates are fantastical, but the challenges his characters face are grounded in reality, calling into question issues of love, memory, and the subjectivity of experience. Steeped in the existential crises of our era, *The Book of Disbelieving* is a wondrous collection of fables and lore.

Praise:

“David Lawrence Morse takes feathers from the caps of some of the great fabulists—Jorges Luis Borges, Italo Calvino and Gabriel Garcia Marquez all peek behind the curtain—and adds his own sly humor... Morse is a writer of imagination and whimsy.” —Susan Minot, author of *Thirty Girls*

“*The Book of Disbelieving* is filled with beautiful, beguiling wonders—giants of the deep, towers that stretch to infinity—but the most affecting magic here is profoundly human: the unknowability of others (and of ourselves); the mysteries of love and loss. Morse conjures the fantastic with such gorgeous, vivid precision we yearn for it to be real, much as his characters yearn to believe in each other.” —Peter Ho Davies, author of the Man Booker Prize-longlisted book *The Welsh Girl*

“With its light touch, *The Book of Disbelieving* skillfully tracks how a change in worldview—subtle or bold—recreates the ways we look at society and one another. There’s wild imagination here in the service of investigating relationships of all kinds—and each story reverberates beautifully into the next.” —Aimee Bender, author of *The Color Master*

“The stories in David Lawrence Morse’s *The Book of Disbelieving* are located somewhere between what used to be called ‘the real world’ and the world of fables, mirror-realities, and dreams. This book carefully and patiently takes you into Wonderland, where nothing is quite what it seems. Reader, be prepared for a mind-bending journey to places you have never been before.” —Charles Baxter, author of *The Sun Collective*

“Set amid dreamscapes and dystopic worlds sometimes only at a slight angle to our own, David Lawrence Morse’s *The Book of Disbelieving* explores grief, wonder, courage, (dis)belief, and the obligations we have to ourselves, our communities, and beyond. These stunningly inventive stories are filled with fascinating characters who confront the responsibilities of knowledge and change, mythos and desire, power and social order, and the day-to-day commitments of just moving through their worlds. Charming and mysterious, unsettling and moving, and always deeply alive, *The Book of Disbelieving* is an inspired collection of unique depth.” —Natalie Bakopoulos, author of *Scorpionfish*

“What a marvel *The Book of Disbelieving* is! Here are cities filled with midwives and ferrymen for the dead, and mysterious, prophetic journals of the recently deceased. It is a collection of love, of parenthood, and of our collective fears and dreams, set in worlds where the outskirts of cities still hold memories of unicorns and minotaurs, and families lash their homes to the backs of enormous whales. A brilliant and fabulous book of magical tales.”

—Alexander Weinstein, author of *Children of the New World*

“In the shiver-inducing tradition of Italo Calvino, Jorge Luis Borges, Shirley Jackson, and Margaret Atwood, David Lawrence Morse paints a vivid portrait of life in a universe eerily similar to our own. Intellectually provocative yet also deeply moving, these exquisitely written stories remind us of the comfort to be found in ritual and convention, along with the terror and joy to be found in freedom.” —Eileen Pollack, author of *Breaking and Entering*

“This is an astonishing debut. David Lawrence Morse has crafted nine short stories that share a wild inventiveness and sparkling ingenuity that will make believers of all who read *The Book of Disbelieving*. From ‘The Great Fish,’ the first of his fictions, to ‘The Serial Endpointing of Daniel Wheel,’ we’re in the presence of a writer who’s that rare thing: original.” —Nicholas Delbanco, author of *It Is Enough*

David Lawrence Morse studied in Russia after the fall of Communism and taught English and lived on a rice farm in Japan before eventually earning his MFA in fiction at the University of Michigan. He is now the director of the writing program at the Jackson School of Global Affairs at Yale. His work has appeared in *The Washington Post*, *One Story*, *Missouri Review*, and elsewhere.

Sarabande
168 pages
Jud Laghi Agency
Book available

NOBODY'S EMPIRE: A Novel
Stuart Murdoch

Cover
Reveal
To
Come

An intimate account of dark days leading to light and of coming of age through music, by one of the great lyricists of our time.

It's the early 1990s in Glasgow, Scotland, and Stephen has emerged from a lengthy hospital stay diagnosed with chronic fatigue syndrome, a little-understood disease that has robbed him of any prospects of work, friends or independent living. Limited by his condition, he moves slowly toward new goals, and along the way he comes across fellow life stragglers diagnosed with the same ailment, including Richard, a friend from school, and Carrie, who has been bedridden for the past five years. They form a support group in the city and try to get by as cheaply and as painlessly as possible. Stephen notices that he is never warm, a side effect from his ailment, and Carrie affectionately deems him "The World's Coldest Boy." As the world seems to care less for them, they start to care less about fitting in with the world.

Stephen finds that he suddenly can write songs, albeit in a slow and fledgling way. He wakes up to the possibility of a spiritual life beyond the everyday, and feels a calling for a place that might as well be on the other end of the universe let alone the world. So Stephen and Richard leave Glasgow behind in search of a cure in the mythic warmth and sun of California. As they float between hostels, sofas, and park benches, the trip turns out to be life-changing for both of them in ways they could never have expected, and Stephen embraces a new-world reinvention that will change his life forever.



Stuart Murdoch is a Scottish musician, composer, writer, and filmmaker, and the lead singer and songwriter for the iconic Glasgow-based band Belle and Sebastian. Since forming in the mid-1990s, the band has released twelve studio albums to high acclaim, and enjoys a faithful worldwide audience. In 2010 his online diaries were collected into his first book, *The Celestial Café* (Pomona UK), and in 2022, Thames & Hudson published *Belle and Sebastian: Illustrated Lyrics*, featuring specially commissioned illustrations from Scottish artist Pamela Tait. In 2012 Murdoch scripted, composed, and directed the movie *God Help the Girl*, a musical coming-of-age drama. An outspoken advocate for sufferers of Myalgic Encephalomyelitis / Chronic Fatigue Syndrome, Murdoch is also an Ambassador for the Open Medicine Foundation working to promote awareness of ME/CFS and the work being done to cure it.

HarperVia
432 pages
Jud Laghi Agency
Manuscript available: March 2023

Rights sold: UKANZ/Faber

PICTURE BOOK (age 5-8)

MAY 2020

MAY 2023

MAY 2021

MAY 2022

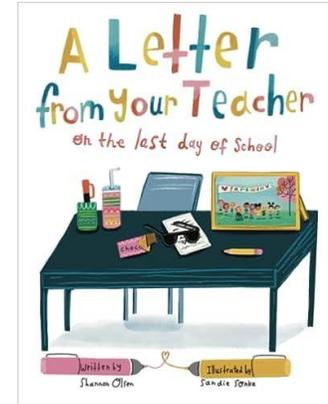
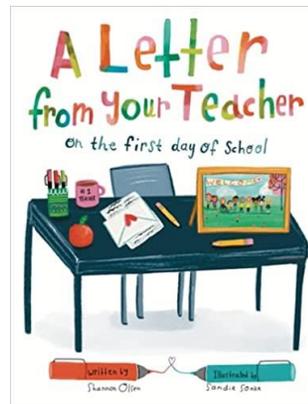
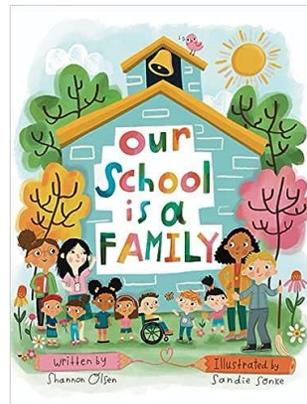
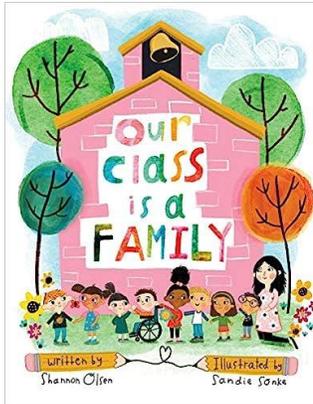
OUR CLASS IS A FAMILY

OUR SCHOOL IS A FAMILY

A LETTER FROM YOUR TEACHER ON THE FIRST DAY OF SCHOOL

A LETTER FROM YOUR TEACHER ON THE LAST DAY OF SCHOOL

Shannon Olsen, illustrated by Sandie Sonke



Bestselling self-published author with over 700,000 copies sold

Teachers do so much more than academics. Social emotional learning is arguably even more important than academic education, because success in the latter depends on the former. Kids learn best in an environment where they feel safe, loved, and accepted.

With its heartfelt message and colorfully whimsical illustrations, *Our Class is a Family* and *Our School is a Family* are books that will help build and strengthen that class community. Kids learn that their classroom is a place where it's safe to be themselves, it's okay to make mistakes, and it's important to be a friend to others. When hearing this story being read aloud by their teacher, students are sure to feel like they are part of a special family. *A Letter from Your Teacher on the First Day of School* helps teachers in welcoming their new group of students. Through a letter written from the teacher's point of view, students are given the message that their new teacher is someone they will get to form a special bond with. Their teacher is not only there to help them academically, but also to cheer them on, and to provide a caring, safe environment for them to learn and grow. *A Letter from Your Teacher on the Last Day of School* allow teachers to bid a special farewell to their students at the end of the school year, as the class is invited to reflect back on memories made, connections formed, and challenges met. The letter expresses how proud their teacher is of them, and how much they will be missed. Students will also leave on that last day knowing that their teacher is cheering them on for all of the exciting things to come in the future.



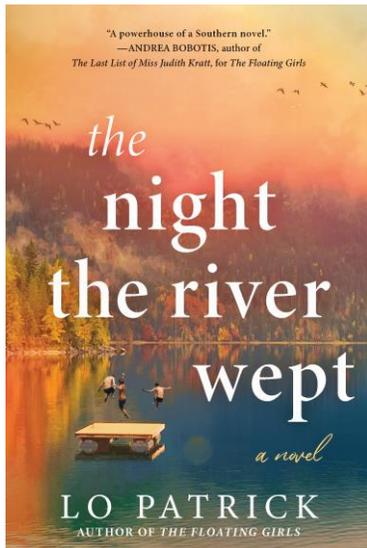
Shannon Olsen was born and raised in Southern California, and obtained a B.A. in English and M.A. in Teaching from University of California, Irvine. She has worked in education for 15 years, primarily as a second grade teacher. Shannon also creates resources for elementary teachers and shares teaching ideas through her online store and blog, *Life Between Summers*. Her non-work related passions include traveling to new places, and being a wife and a mother of two girls

Self-published
33 pages, full color
Stonesong Literary
Books available

Rights sold: Chinese (simplified)/China Science and Technology Press; Chinese (complex)/Babel; English (India)/Sanage; German/Ars Editions; Greek/Metaihmio; Italian/Sassi Editore; Portuguese (Portugal)/Alma dos Livros; Vietnamese/Kim Dong

THE NIGHT THE RIVER WEPT

Lo Patrick



From the author of *The Floating Girls* – a finalist for the Townsend Price for Fiction and a Reader’s Digest Editor’s Pick – Lo Patrick has once again crafted a story bursting with heartbreak and redemption.

Everybody’s got good and bad in them. In the end, it just depends which side wins out.

Arlene has lived in a small town on the edge of nowhere her whole life. Now married to her long-time high school sweetheart, Tommy, Arlene is itching to start a family and become the mother she always dreamed of being. But that’s proving more difficult than she thought, and Arlene is desperate to find something to do to keep her mind off things – and get some distance from her husband, who is increasingly getting on her nerves.

As the summer gives way to a chilly, lonesome fall, she takes a part-time job bagging evidence at the local police department, where she finds herself reading over old cold cases. One in particular fascinates her: the mysterious death of three young brothers murdered on Deck River, followed by the suicide of the prime suspect.

She becomes obsessed with the case, and with the help of the police department’s receptionist and a family friend of the suspect, she sets out to discover the truth. She can’t help but feel that if she solves the case, she’ll find her footing in her young marriage and maybe find what she’s been looking for all along.

Praise for *THE FLOATING GIRLS*:

"Both comic and heartrending, Patrick’s superb debut sets a bildungsroman and murder mystery in the wetlands of coastal Georgia....A masterly achievement." – *Publishers Weekly* (starred review)

"A powerhouse of a Southern novel. At once a poignant coming-of-age tale, a murder mystery, and an evocative tribute to the marshlands of Georgia. Lo Patrick is a standout new Southern voice." —Andrea Bobotis, author of *The Last List of Miss Judith Kratt*

"Kay is the smartest, funniest, most curious young narrator I have come across in some time. Her voice stuck with me long after I finished reading. If I met Kay on the street, I’d beg her to be my best friend." —Tiffany Quay Tyson, award-winning author of *The Past is Never*

"A cracking story that unfolds in gorgeous prose in the stultifying heat of the American South." —Hayley Scrivenor, author of *Dirt Creek*

"Fans of *Where the Crawdads Sing* will love this immersive mystery set against the salty air of Georgia’s marshes. In Patrick’s atmospheric prose, the water and its characters come to life." —Lindsey Rogers Cook, author of *Learning to Speak Southern*



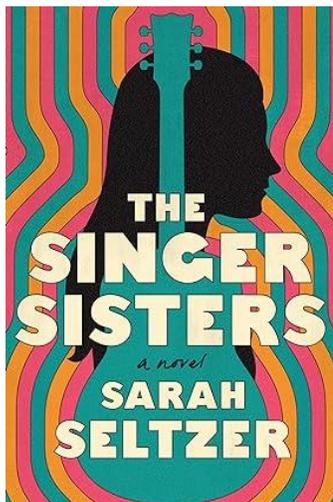
Lo Patrick is a former lawyer and current novelist living in the suburbs of Atlanta. *The Floating Girls* is her debut.

Sourcebooks Landmark
384 pages
Stonesong Literary
Manuscript available

Rights sold to *THE FLOATING GIRLS*: Polish/Harde

THE SINGER SISTERS

Sarah Seltzer



Two generations of a folk-rock dynasty collide over art, love, longing, and family secrets in this captivating and poignant debut.

It's 1996, and alt-rocker Emma Cantor is on tour, with her sights trained on a record deal. Emma's got no lack of inspiration for her music — chiefly her mother Judie, a 1960s folk legend whose confessional songs made her an icon before her mysterious withdrawal from the public eye.

Emma is baffled by Judie's coldness, and is deeply shaken when she learns a long-kept secret about their family. When Emma uncovers more about her mother's past, she is vaulted to new heights as a performer. But the knowledge she gains also propels her toward a musical betrayal that further fractures her relationship with Judie. Increasingly famous, but fragile and isolated, Emma grapples with her mother's legacy and what it means for her own future.

With the richness of a beloved folk song, *The Singer Sisters* moves between '60s folk clubs and '90s music festivals, chronicling the ups and downs of stardom while asking what women artists must sacrifice for success.

Early praise:

"Taking the reader from Greenwich Village folk scene of the 1960s to the casually misogynistic L.A. pop-rock world of the late 1990s and early 2000s, *The Singer Sisters* is a superb novel—inventive, original, and extremely intelligent. It is also fast-paced, absorbing and full of heart, with a well-drawn and appealing cast of characters whose fates the reader comes to care about deeply. I felt bereft when it was over." —Adelle Waldman, author of *The Love Affairs of Nathaniel P.*

"In prose as musical as its subject matter, Sarah Seltzer takes us into an unforgettable family of singer-songwriters, exploring maternal ambivalence, the call of art, and the messy, vibrant, ever-changing state of family life. I was sad to reach the final page." —Elizabeth Graver, author of *Kantika*

"A journey through the folk and rock scenes from the 60s through the early aughts, told through the kaleidoscopic voices of one family. I loved dipping down into the early folk scenes of Cambridge and New York, the feminist rock of the 90s, the pop industry of the 2000s, and seeing how a family can be torn apart, and stitched back together, via the miracle of song." —Robin MacArthur, author of *Half Wild* and *Heart Spring Mountain*

"Seltzer spins a profound web, showing the complex intergenerational push and pull between mothers, daughters, sisters. Long kept secrets are revealed through songs and albums and mysterious strangers." —Bethany Ball, author of *The Pessimists*

"What a story: artists, sisters, daughters, mothers, rivals, guitars. *The Singer Sisters* is a totally fresh and original rock & roll saga of a family full of formidable, creative, unforgettable women. Seltzer writes about different music generations with an expert's eye and a fan's ear, nailing all the details of how songs become part of our lives, as the singers connect and clash over the years. She makes the whole novel flow like a brilliantly complex but heart-wrenching love song." —Rob Sheffield, bestselling author of *Love is a Mixtape* and *Dreaming the Beatles*

"*The Singer Sisters*, which follows a multigenerational folk-rock family, is a breezy, compelling read with momentous questions at its core. What does it mean to be parented sufficiently—to be loved well? What is worth sacrificing for the sake of artistic ambition? Does the muse work on a timeframe, or will it wait? Ultimately, Seltzer presents an entrancing vision not of having it all at the same time, but of finding satisfaction, even triumph, anyway." —Jessica Gross, author of *Hysteria*

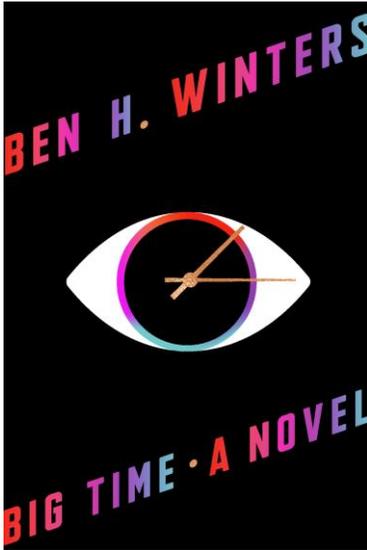


Sarah Seltzer has been a feminist journalist and cultural critic. Her lively writing for publications including *The New York Times*, *TIME*, *Jezebel*, *Glamour*, *Cosmopolitan*, *The Nation*, and many other places has earned her an online following—and shaped the discourse on subjects ranging from Hollywood casting, to abortion rights, to the death of department store shopping. Sarah received an MFA from Vermont College of Fine Arts and wrote a creative thesis as an undergrad at Harvard. Currently, she's the Executive Editor at *Lilith Magazine*.

Flatiron
272 pages
Einstein Literary Management
Manuscript available

Rights sold: UKANZ/Piatkus

BIG TIME
Ben H. Winters



What if time could be taken from us – the minutes, the hours, the years of our lives, extracted like organs taken for transplant? What would it mean for the world? An What would it do to the person from whom it’s taken?

Grace Berney is a mid-level bureaucrat in the Food and Drug Administration, a woman who once brimmed with purpose but somehow turned into a middle-aged single mom with a dull government job and a melancholy sense that life has passed her by. Until the night a strange photo comes across her desk of a young woman in a hospital bed who has been subjected to a mysterious procedure.

Against order and against common sense, Grace sets out to bring the girl to safety, and finds herself risking her job, her future, and her life on whether she can find the missing girl before an obsessive and violent mercenary who’s also searching for her.

Big Time is a fast-paced thriller and a metaphysical mystery about the very nature of time.

Early praise:

“BIG TIME is a wild and wonderful trip, a kaleidoscope of mind-bending science, metaphysics, and good old-fashioned thrills. And most engaging of all are the characters Ben Winters creates: a hugely appealing Everywoman sleuth, a young woman struggling with a harrowing dilemma, and one of the scariest antagonists in recent memory.” –Lou Berney, author of the New York Times–bestselling NOVEMBER ROAD

“Ben Winters is a genre alchemist - the kind of writer who blends and weaves the preconceived ideas of story to create something wholly new and riveting, and BIG TIME is no exception. A brilliant thriller that also dances between the raindrops of reality and time itself, Winters continues to keep readers on their toes, in the best way possible. I’m so glad this book exists.” –Alex Segura, bestselling author of SECRET IDENTITY

"An exciting, thought-provoking, time-bending, and ultimately mind-blowing tale filled with the wonder, whimsy, and weirdness that make Ben H. Winters one of our most imaginative voices." –Thomas Mullen, author of BLIND SPOTS

"Winters, author of the stunning Last Policeman trilogy and the mind-bending *The Quiet Boy* (2021), doles out another heaping serving of metaphysics. . . Winters asks us to open ourselves to the impossible by following real, relatable characters. Another strong, thought-provoking novel from a writer who gets better with every book."—*Booklist*

"Winters (*The Quiet Boy*) is an expert at gripping adventures that invite readers to ponder big existential questions. Here he explores the balance between scientific advancement and ethics, a timely theme. . . A fast-paced and thought-provoking speculative thriller with well-drawn and relatable characters."—Portia Kapraun, *Library Journal*



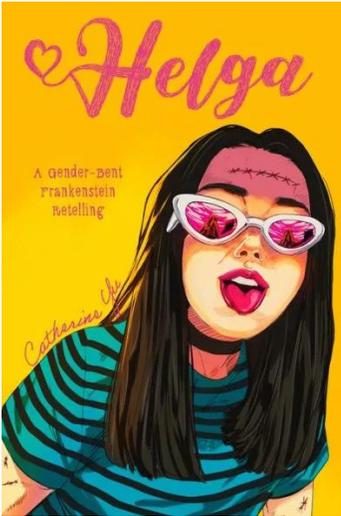
Ben H. Winters author of the novel *The Quiet Boy*, *Golden State*; the *New York Times* bestselling *Underground Airlines*; *The Last Policeman* and its two sequels; the horror novel *Bedbugs*; and *New York Times* bestselling *Sense and Sensibility* and *Sea Monsters*. He won the Edgar Award for mystery writing, the Philip K. Dick award in science fiction, the Sidewise Award for alternate history, and France’s Grand Prix de L’Imaginaire. He also writes for film and television, and was a producer on the FX show *Legion* and is the lead writer and Executive Producer of CBS’ upcoming thriller series *Tracker*. He lives in California with his family.

Mulholland
288 pages
Joelle Delbourgo Associates
Manuscript available

Korean/China/Taiwan/SE Asian rights: Joelle Delbourgo Associates

HELGA: A Gender-Bent Frankenstein Retelling

Catherine Yu



A Gender-Bent Frankenstein Retelling

Helga is not the obedient science experiment her father intended. And though she has only just awoken, he leaves her in the care of his lab assistant Penny to go on a business trip

Bursting with curiosity, Helga quickly escapes from the well-meaning Penny and heads into Amaris City. There Helga finds she is as untamable as the invasive blackberry vines overtaking the island. And because of the misdeeds of her father's scientific community, the natural world grows more volatile.

Helga soon discovers the night market, rowdy clubs, delicious food, and cute boys. Enamored with city life, she'll do anything to find love—but she has only two weeks until her father gets back, and besides there are ominous rumblings from the volcanic island that could put her dating schemes, and even her own life, in grave peril.

Early praise:

“A delightfully counter-culture, charmingly grotesque romp of meat and stitches and torn fishnet stockings! Helga is the perfect mash-up of Frankenstein and all the girls finding their place in this bizarre, messy world.” – Andrew Joseph White, *New York Times* bestselling author of *Hell Followed with Us*

“Yu is a master of atmospheric, angsty horror. Helga is a vibrant retelling about finding your power and true acceptance.” – Adrianna Cuevas, author of *The Ghosts of Rancho Espanto*

“Catherine Yu has truly outdone herself in creating a Frankenstein retelling that takes all the horror of its predecessor while revamping it with the neon lights, bubbling humor, and punk sensibilities of the 21st century. Helga is a laugh-out-loud horror comedy romp that's bursting at the sutures with teenage excitement, island whimsy, and a healthy dose of existential fear drenched in sopping gore. This book is an absolute bloody delight.” – Kayla Cottingham, *New York Times* bestselling author of *My Dearest Darkest* and *This Delicious Death*



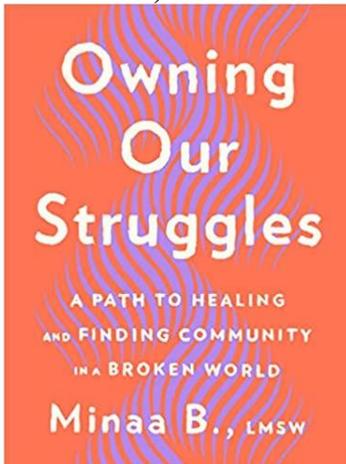
Catherine Yu writes dark speculative fiction. She is the author of *Direwood*, and her story “Balloon Girl” was published in the horror anthology *Death in the Mouth*. She was born in Nanjing and is now based in New York.

Page Street Publishing
352 pages
Howland Literary
Manuscript available

World English rights: Page Street Publishing

OWNING OUR STRUGGLES: A Path to Healing and Finding Community in a Broken World

Minaa B., LSW



Discover the power of collective healing in this research-based and real-world guide to moving past trauma and adversity—together.

Adversity comes in many forms, and can make us feel alone in our pain, even years after the fact. But as wellness coach and licensed therapist Minaa B. observes, we can't heal in isolation. The best way to move past individual trauma is through connection and community—healing ourselves and one another.

In this powerful and practical guide, Minaa shares therapeutic tools, client stories, and actionable insights to help you on your healing journey, along with reflections from her personal experiences. Each chapter focuses on a common emotional struggle—from overcoming dysfunctional family patterns to developing emotional maturity, finding our village, navigating racial trauma, and moving past isolation and despair.

Through her unique mix of deeply honest personal stories, proven practices, and prompts for writing and reflection, Minaa helps readers finally face their struggles, get unstuck, and transform their thinking—to claim agency in their own lives and circumstances, and to use that power to help heal a broken world.

Praise:

“*Owning Our Struggles* is a book that fills in so many of the gaps often present in traditional self-help books, which tend to over-emphasize the importance of ‘the self’ in healing, and under-estimate the importance of community and culture. Written through the lens of deep expertise, lived experience, and sincere compassion, it reminds us that healing does not happen in individual silos. And that wholeness comes when we own our brokenness - especially the parts of ourselves that dominant culture has taught us to believe are broken. Through storytelling, reflections, and practical exercises, Minaa B. teaches us how to own our struggles—so that our struggles no longer own us.” —Layla F. Saad, *New York Times*-bestselling author of *Me and White Supremacy*

“Minaa’s writing is a gift to us all. She gracefully and compassionately invites every reader to acknowledge and face confronting truths about a broken system that we live in, contribute to, and for many, often deny... This book is for every human because healing happens when we have a community upon which we can count. We don’t arrive alone; we arrive with others.” —Vienna Pharaon, LMFT, bestselling author of *The Origins of You*

“This book is a treasure. A collaborative tool for your healing journey. Minaa effortlessly weaves personal stories with deep research and hands-on exercises that feel like a bright light in a dark world. There is space, care, and a feeling of love for us to be free from trauma in the pages. A book to read slowly with a journal and pen.” —Tricia Hersey, Founder of the Nap Ministry and author of *Rest Is Resistance: A Manifesto*

“In *Owning Our Struggles*, Minaa B. offers the perfect blend of empowerment and compassion, helping us reframe the thought patterns that have been keeping us stuck and giving us the tools we need to own our healing.” —Melissa Urban, *New York Times*-bestselling author of *The Book of Boundaries*

“Reading Minaa’s book was like drinking cold water on a hot summer day. Her words are refreshing, compassionate, vulnerable, and honest. *Owning Our Struggles* provides the reader guidance while keeping them accountable. A beautiful and thought-provoking read for anyone on the journey of healing from trauma and adversity.” —Sara Kuburic, existential therapist, author of *It's On Me*, and creator of @millennial.therapist

“Minaa’s skilled guidance in this book is soothing, powerful, and masterful. Profoundly addressing the struggles so many people face and become blocked by, this book is a must-read for anyone looking to deepen their understanding of themselves and find their way forward, towards a more whole and purposeful life.” —Lalah Delia, author of *Vibrate Higher Daily*



Minaa B. is a writer, a licensed mental health professional, and the founder of Minaa B. Consulting, a mental health consulting practice that works with organizations to develop psychological safety and become mental health inclusive. Minaa’s work has been featured in *Bustle*, *Essence*, the *Today* show, BBC, *The Skimm*, *Peace of Mind with Taraji*, and other online and media publications. She is a regular contributing writer for *Well + Good*, and she is also a recurring cohost of the mental health-based podcast *Because Life*, hosted by Sydel Curry-Lee. Minaa currently sits on the Mental Health Advisory Committee for Selena Gomez’s media company, Wondermind.

Tarcher Perigee
288 pages
Present Perfect Dept
Book available

DON'T BUILD, REBUILD: *The Case for Imaginative Reuse in Architecture*

Aaron Betsky

Cover
Reveal
To
Come

In a time of climate crisis and housing shortages, a bold, visionary call to replace current wasteful construction practices with an architecture of reuse

As climate change has escalated into a crisis, the reuse of existing structures is the only way to even begin to preserve our wood, sand, silicon, and iron, let alone stop belching carbon monoxide into the air. Our housing crisis means that we need usable buildings now more than ever, but architect and critic Aaron Betsky shows that new construction—often seeking to maximize profits rather than resources, often soulless in its feel—is not the answer. Whenever possible, it is better to repair, recycle, renovate, and reuse—not only from an environmental perspective, but culturally and artistically as well.

Architectural reuse is as old as civilization itself. In the streets of Europe, you can find fragments from the Roman Empire. More recently, marginalized communities from New York to Detroit—queer people looking for places to gather or cruise, punks looking to make loud music, artists and displaced people looking for space to work and live—have taken over industrial spaces created then abandoned by capitalism, forging a unique style in the process. Their methods—from urban mining to dumpster diving—now inform architects transforming old structures today.

Betsky shows us contemporary imaginative reuse throughout the world: the Mexican housing authority transforming concrete slums into well-serviced apartments; the MassMOCA museum, built out of old textile mills; the squatted city of Christiania in Copenhagen, fashioned from an old army base; Project Heidelberg in Detroit. All point towards a new circular economy of reuse, built from the ashes of the capitalist economy of consumption.

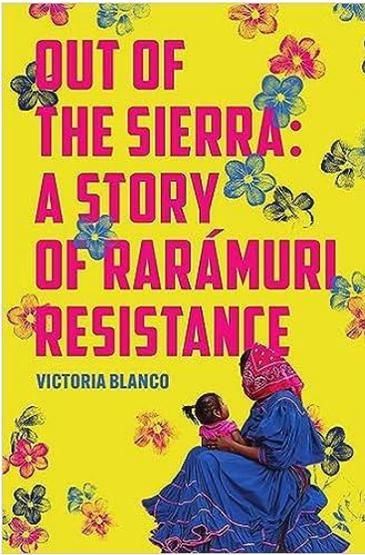
Aaron Betsky is a professor in the School of Architecture and Design at Virginia Tech. A critic of art, architecture, and design, Mr. Betsky is the author of over twenty books on those subjects. He writes a twice-weekly blog, *Beyond Buildings*, for *Architect Magazine*. Trained as an architect and in the humanities at Yale, Mr. Betsky has served as the Director of the Cincinnati Art Museum and the Netherlands Architecture Institute, as well as Curator of Architecture and Design at the San Francisco Museum of Modern Art.

Beacon Press
256 pages
Jud Laghi Agency
Manuscript available

World English rights: Beacon Press

OUT OF THE SIERRA: A Story of Rarámuri Resistance

Victoria Blanco



One displaced Rarámuri family charts a path forward for themselves and their community in this testament to the power of perseverance and the many forms resistance can take.

The effects of climate catastrophe and Indigenous erasure are specific and unforgettable in *Out of the Sierra's* vivid portrait of one Rarámuri family forced to leave their home in the Sierra Madre mountains. Displaced by drought and food shortages, Martina, Luis, and their children journey to Chihuahua City, toward a new and uncertain future in a government-funded Indigenous settlement.

With tenderness, intelligence, and deep insight into the many shapes resistance can take, *Out of the Sierra* offers a testimony to human resilience and the power of community in the face of broken systems. Blanco considers Indigenous resistance and identity, race, and climate change with compassion and care, asking: What can we learn from the Rarámuri people, who are resisting assimilation and upholding traditional knowledge in our era of climate catastrophe?

Based on two years of oral history collection and participatory field work, *Out of the Sierra* elevates the stories of the Gutiérrez family and interrogates the systems and history that caused their displacement and poverty.

Praise:

"Victoria Blanco's *Out of the Sierra* stands alongside Andrea Elliott's *Invisible Child* and Matthew Desmond's *Evicted* as a triumph of reporting and storytelling. Its narrative of an uprooted family pushed to their limits is wrenching, enthralling, and revelatory. It reoriented me to the world." —Megha Majumdar, *New York Times* bestselling author of *A Burning*

"*Out of the Sierra* should not only be considered a book but also an historical document. Dynamic, compassionate, and heartbreaking, Victoria Blanco has a gift for blending reportage, cultural commentary, and socioeconomic issues through an Indigenous community that demands our attention from the first page and doesn't let up." —Morgan Jerkins, *New York Times* bestselling author of *This Will Be My Undoing*

"Forged in more than a decade of participatory research and accompaniment, *Out of the Sierra* offers readers a rare glimpse of how one indigenous Rarámuri family has battled sublimation and subjugation at the dizzying edge of a modern borderland metropolis. Encapsulating a broad spectrum of beauty, joy, fury, and loss, Blanco details quotidian acts of injustice and resistance, piercing through old narratives of erasure and cultural disappearance to offer up a proud and vivid antidote." —Francisco Cantú, bestselling author of *The Line Becomes A River*

"In this compassionate witnessing of the Rarámuri's living history, Blanco has intentionally reframed a long history of colonized literary poaching from Indigenous people. By centering their origin story and portraying their daily lives as resistance against cultural subjugation, Blanco's eloquent prose reminds us of the wisdom of the Rarámuri's teaching of *korima*, that gifts from the land are meant to be shared with loving generosity." —Diane Wilson, author of *The Seed Keeper*

"In *Out of the Sierra*, Victoria Blanco writes with delicacy and clarity about the Rarámuri's refusal to assimilate even as they struggle with forced relocation, extortion, and poverty. It is a story that demands recognition of the climate crisis in progress and the human rights abuses it causes and exacerbates." —Claire Boyles, award-winning author of *Site Fidelity*

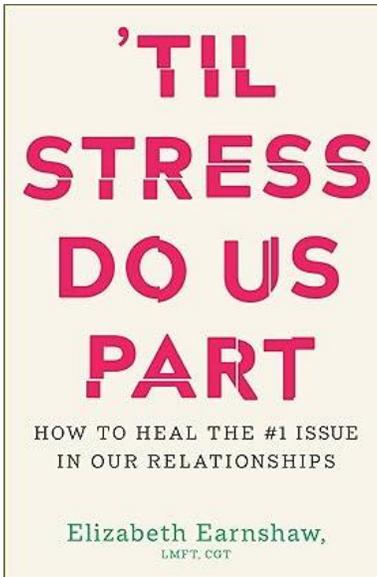
"Lyric, wise, and urgent, *Out of the Sierra* keeps company with Valeria Luiselli, Elizabeth Rush, and Robin Wall Kimmerer. Blanco's investigative journalism deserves more than a flattering comparison: she is a powerful new voice in ecological nonfiction and her book is not to be missed." —Kathryn Savage, author of *Groundglass*



Victoria Blanco's writing has been published in the *New York Times*, *Catapult*, *Guernica*, and others. She holds her MFA in creative writing from the University of Minnesota. She is from El Paso, Texas, and now lives in Minneapolis with her husband and three sons

Coffee House Press
328 pages
Odom Media Management
Manuscript available

'TIL STRESS DO US PART: How To Heal the #1 Issue In Our Relationships
Elizabeth Earnshaw



A leading couples therapist shares indispensable tools to help you stress-proof your relationship through life’s many challenges.

Every week, couples come into Elizabeth Earnshaw’s therapy room claiming their relationship issues are stressing them out. “The reality is just the opposite,” she says. “The unprecedented collective stress we all face today is the cause of many relationship challenges couples are experiencing.” With *'Til Stress Do Us Part*, this trusted expert shares the tools to protect yourself and your relationship from distress—and restore harmony, understanding, and love.

Beginning with an overview of many kinds of stress we face—from acute to chronic stress, and even positive eustress—Earnshaw uses client stories and personal experiences to reveal the visible and invisible strains on ourselves and our relationships. She then shares research-backed practices based on mindfulness and polyvagal theory to help you to detect signs of overwhelm and take proactive measures to protect, refresh, and heal yourselves. You’ll discover journaling prompts, body-based exercises, scripts, boundary-setting guidelines, and more for letting go of pressures and restoring emotional, sexual, and spiritual intimacy.

“When we become partners, we commit to taking on life’s troubles together,” says Earnshaw. Here is an essential resource for helping you return your relationship to what it should be—a refuge from stress in a turbulent and demanding world, in which we always have each other’s back.



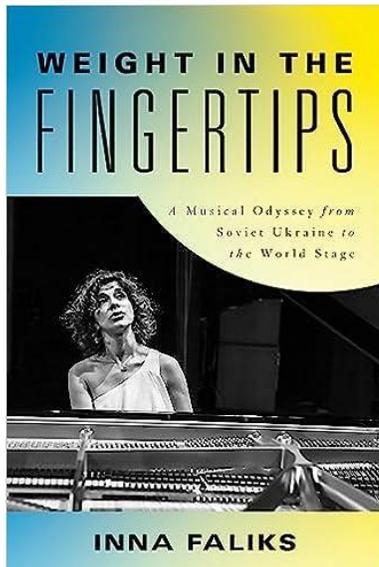
Elizabeth Earnshaw, LMFT, CGT, is a licensed family and marriage therapist, Certified Gottman Therapist, AAMFT Approved Supervisor, cofounder of the Serena-Williams-backed relationship health company OURS, and founder of A Better Life Therapy. She’s known for her popular Instagram account @lizlistens, and has been featured in the *New York Times*; *Today*; *O, The Oprah Magazine* online; *USA Today*; *Well+Good*, *CBS News*; and more. She lives in Philadelphia and is the author of *I Want This To Work* (Sounds True, 2021). For more, visit elizabethearnshaw.com.

Sounds True
240 pages
Present Perfect
Manuscript available

Rights sold to I WANT THIS TO WORK: Chinese (simplified)/Cheers; Russian/MIF; Slovene/Aktivni mediji

WEIGHT IN THE FINGERTIPS: A Musical Odyssey from Soviet Ukraine to the World Stage

Inna Faliks



Before she knew she was Ukrainian, Soviet, or Jewish, Inna Faliks knew she was a musician. Growing up in the city of Odessa, the piano became her best friend, and she explored the brilliant, intricate puzzles of Bach's music and learned to compose under her mother's watchful eye. At ten, Faliks and her parents moved to Chicago as part of the tide of Jewish refugees who fled the USSR for the West in the 1980s. During the months-long immigration process, she would silently practice on kitchen tables while imagining a full set of piano keys beneath her fingertips.

In *Weight in the Fingertips*, Faliks gives a globe-trotting account of her upbringing as a child prodigy in a Soviet state, the perils of immigration, the struggle of assimilating as an American, years of training with teachers, and her slow and steady rise in the world of classical music. With a warm and playful style, she helps non-musicians understand the experience of becoming a world-renowned concert pianist. The places she grew up, the books she read, the poems she memorized as a child all connect to her sound at the piano, and the way she hears and shapes a musical phrase illuminate classical music and elite performance. She also explores how a person's humanity makes their art honest and their voice unique, and how the life-long challenge of retaining that voice is fueled by a balance between being a great musician and being a human being. Throughout, Faliks provides powerful insights into the role of music in a world of conflict, change, and hope for a better tomorrow.

Praise:

"Of course this is the story of piano virtuoso Inna Faliks from her beginnings as a 'wunderkind' in poverty-stricken Odessa, Ukraine, played out over her musical and romantic adventures throughout Europe, the United States, China, and even Russia. But it is much more than that. It is Inna's Eroica: a mirror to Beethoven's towering heroic variations for piano with all its shifts, emotions, and surprises that play a recurring role throughout this endearingly engaging book. As Inna navigates her way through a moving and well-crafted coming-of-age story about a young person determined to unleash everything within her, she is a storytelling Beethoven, communicating via the language that binds us all: music."—Hershey Felder, pianist

"Inna Faliks's memoir is a rare and colorful window into the fraught process through which a young, vulnerable talent becomes a virtuoso. Filled with insights and adventures, her recollections—from tentative beginnings in Odessa to eye-opening explorations at cultural centers around the world—reveal the challenges of coming of age in the pressurized atmosphere of an emerging artist. Along the way she allows us to peer into the secrets behind the forging of beautiful sounds. *Weight in the Fingertips* explores the thrills, dangers, frustrations and triumphs of a life in music."—Stuart Isacoff, author of *Temperament: How Music Became a Battleground for the Great Minds of Western Civilization*

"Inna Faliks's playing long ago convinced me she had universes inside her. Now, in this memoir, we are shown the thousand rooms of a house spread across years and continents, in a style swift, considered & conspiratorial. One wants to remember one's own life this way."—Jesse Ball, author of *Autoportrait* and winner of the Plimpton Award and the Guggenheim Fellowship

"In her autobiography *Weight in the Fingertips*, Inna Faliks gives a very personal account of her life, full of vivid, colorful details and written in a very beautiful, rich language. An interesting, informative, and enjoyable reading."—Evgeny Kissin, concert pianist and composer

"A moving, exciting artistic journey by an important female voice, told with honesty and immediacy. I couldn't put it down—life's twists can certainly be more surprising than fiction."—Jane Seymour, Golden Globe and Emmy Award-winning actress

"This is a gorgeously written memoir from an absolutely original voice that braids the book's concerns—music, pride in a difficult identity, immigration, belonging—into a spellbinding vision of the transcendent saving power of art."—Boris Fishman, author of *Don't Let My Baby Do Rodeo* and *A Replacement Life*

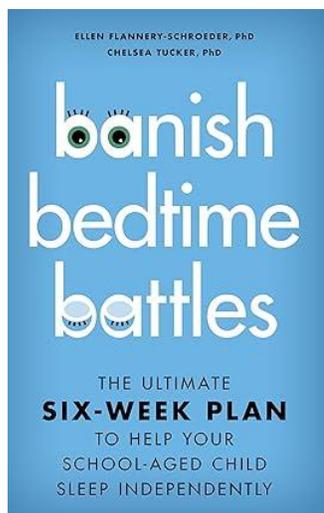


Inna Faliks is an internationally acclaimed classical concert pianist and is Head of Piano and Professor of Piano at The UCLA Herb Alpert School of Music. After her acclaimed debut with the Chicago Symphony Orchestra at age fifteen, she has performed on many of the world's great stages with numerous orchestras and in solo appearances. Her discography includes "Sound of Verse: Music of Boris Pasternak, Ravel, and Rachmaninoff" and "Polonaise-Fantasia, Story of a Pianist" (which includes spoken passages that inspired this book). Falik's distinguished career has taken her to numerous recitals and concerti in prestigious venues such as Carnegie Hall, Ravinia Festival, and the Shanghai Oriental Theater. She is frequently invited to guest artist residencies at leading conservatories, universities, and festivals.

Rowman & Littlefield
278 pages
Jud Laghi Agency
Book available

BANISH BEDTIME BATTLES: *The Ultimate Six-Week Plan to Help Your School-Aged Child Sleep Independently*

Ellen Flannery Schroeder, PhD, and Chelsea Tucker, PhD



It's 10pm, the golden hour. You're tired after a long day. The dishes are done, homework finished, and the kids are finally asleep. But no sooner is your head on your pillow before you hear them coming...those feet down the hallway. They're coming for you, coming for your rest, coming for your sanity, coming for your bed! You are losing sleep and patience, but the real concern is the effect on your child. Parents know that sleep is vital but often don't know how to help their child become an independent sleeper without the bedtime battles.

Banish Bedtime Battles presents an easy method to get your school-aged child to sleep in their own bed throughout the night. With expert guidance, you'll help your child develop critical coping skills essential to increasing their confidence and competence at bedtime (and beyond!).

Armed with powerful parenting strategies presented in the book, you'll be ready to use your personalized six-week plan to solve your child's nighttime struggles. You'll master specific skills to refine and maintain the new bedtime routine, with plenty of troubleshooting tips. Finally, you can enjoy some well-deserved peace, quiet, and sleep!

Praise:

"*Banish Bedtime Battles* is the ultimate resource for parents struggling with the challenge of getting kids to sleep alone. Flannery-Schroeder and Tucker have put together a treasure trove of tools and information that will make for more restful nights for countless children...and their parents! -- Eli Lebowitz, PhD, Yale Child Study Center, author of *Breaking Free of Child Anxiety and OCD*

"A must-read for all parents facing bedtime struggles with their children. Drs. Flannery-Schoeder and Tucker help parents understand their role in their child's sleep struggles and empower them to shift their approach to bedtime. They offer a range of science-backed tools and strategies that are practical and effective. Beautifully written and relatable, this easy-to-follow guide will quickly become one of my most recommended books." -- Elizabeth Reichert, PhD, Clinical Director of Child Outpatient Services, Co-Director, Stanford Parenting Center, Child and Adolescent Psychiatry, Stanford University School of Medicine

"The book parents have been waiting for! This user-friendly, science-backed, and practical guide to banish bedtime battles will also improve parenting, build child coping skills, and enhance parent-child connections." -- Michele Borba, Ed.D., educational psychologist, and author of *Thrivers: The Surprising Reasons Why Some Kids Struggle and Others Shine*

"In *Banish Bedtime Battles*, Drs. Flannery-Schroeder and Tucker present a thoughtful and concise step-by-step approach to help parents and families navigate common bedtime challenges. Parents learn to implement evidence-based strategies through a structured approach accompanied by relatable case examples. It takes a positive strengths-based approach to skill building rather than distressing "cry it out" methods. It's a must read book for parents who are struggling to have their child become an independent sleeper!"

-- Joseph McGuire, Associate Professor, Department of Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine



Ellen Flannery-Schroeder, PhD, ABPP, is a licensed psychologist who specializes in anxiety disorders in children and prevention programs for children at risk for anxiety, parent training, and the role of family factors in anxiety disorders. Ellen works as Professor of Psychology and Director of the Clinical Psychology Program at the University of Rhode Island. Ellen directs the Child Anxiety Program in the Psychological Consultation Center at the University of Rhode Island, co-directs the New England Center for Anxiety, co-directs High Performance Parenting, and helped to found The Greatest 8TM, an initiative designed to promote mental health and wellness among children aged 0-8.

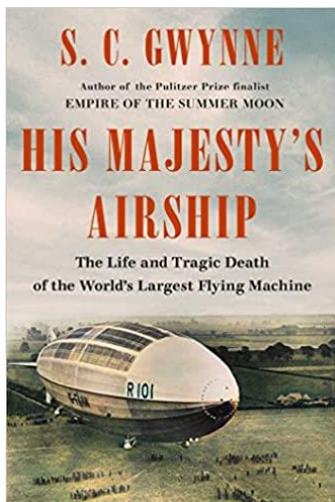
Rowman & Littlefield
176 pages
Joelle Delbourgo
Associates
Galley available



Chelsea Tucker, PhD, is a licensed psychologist with 10 years of experience treating children and families seeking behavior change. She specializes in the cognitive-behavioral treatment of anxiety and anxiety-related issues in children, adolescents, and adults, with a focus on the role of family factors in the onset and maintenance of anxiety. Chelsea currently practices at the New England Center for Anxiety. She is founder and co-director of High Performance Parenting.

China/Taiwan/SE Asian rights: Joelle Delbourgo Associates

HIS MAJESTY'S AIRSHIP: The Life and Tragic Death of the World's Largest Flying Machine
S.C. Gwynne



From the bestselling author of the Pulitzer Prize finalist *Empire of the Summer Moon* comes a stunning historical tale of the rise and fall of the world's largest airship—and the doomed love story between an ambitious British officer and a married Romanian Princess at its heart.

The tragic story of the British airship R101—which went down in a spectacular hydrogen-fueled fireball in 1930, killing more people than died in the Hindenburg disaster seven years later—has been largely forgotten. In *His Majesty's Airship*, historian S.C. Gwynne resurrects it in vivid detail, telling the epic story of great ambition gone terribly wrong.

Airships, those airborne leviathans that occupied center stage in the world in the first half of the twentieth century, were a symbol of the future. R101 was not just the largest aircraft ever to have flown and the product of the world's most advanced engineering—she was also the lynchpin of an imperial British scheme to link by air the far-flung areas of its empire from Australia to India, South Africa, Canada, Egypt, and Singapore. No one had ever conceived of anything like this. R101 captivated the world. There was just one problem: beyond the hype and technological wonders, these big, steel-framed, hydrogen-filled airships were a dangerously bad idea.

Gwynne's chronicle features a cast of remarkable—and often tragically flawed—characters, including Lord Christopher Thomson, the man who dreamed up the Imperial Airship Scheme and then relentlessly pushed R101 to her destruction; Princess Marthe Bibesco, the celebrated writer and glamorous socialite with whom he had a long affair; and Herbert Scott, a national hero who had made the first double crossing of the Atlantic in any aircraft in 1919—eight years before Lindbergh's famous flight—but who devolved into drink and ruin. These historical figures—and the ship they built, flew, and crashed—come together in a grand tale that details the rocky road to commercial aviation written by one of the best popular historians writing today.

Praise:

"We can be grateful to S.C. Gwynne for bringing [the R101] back to life in his captivating, thoroughly researched book. Gwynne spins a rich tale of technology, daring and folly that transcends its putative subject." – *New York Times Book Review*

"A Promethean tale of unlimited ambitions and technical limitations, airy dreams, and explosive endings." – *Wall Street Journal*

"A sturdy, well-paced contribution to aviation history." —*Kirkus*

"Historian Gwynne (*Empire of the Summer Moon*) delivers a fascinating account of the bad decisions, distractions, naivete, and sheer incompetence behind the crash of the massive British airship R101 in a field outside Beauvais, France, in October 1930. Meticulously researched and vibrantly written, this is an immersive and enlightening account of how hubris and impatience can lead to disaster." —*Publishers Weekly*, Starred Review



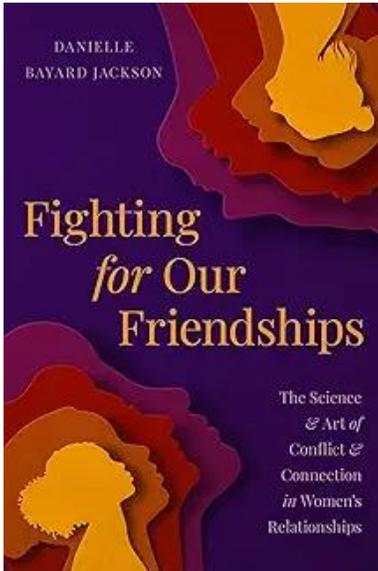
S.C. Gwynne is the author of *Hymns of the Republic* and the *New York Times* bestsellers *Rebel Yell* and *Empire of the Summer Moon*, which was a finalist for the Pulitzer Prize and the National Book Critics Circle Award. He spent most of his career as a journalist, including stints with *Time* as bureau chief, national correspondent, and senior editor, and with *Texas Monthly* as executive editor. He lives in Austin, Texas, with his wife.

Scribner
320 pages
Amy Hughes Agency
Book available

Rights sold: UKANZ/One World; Chinese (simplified)/Social Sciences Academic Press;

FIGHTING FOR OUR FRIENDSHIPS: The Science and Art of Conflict and Connection in Women's Relationships

Danielle Bayard Jackson



Why are women's friendships so deep yet so fragile? Friendship coach and educator Danielle Bayard Jackson unpacks the latest research about women's cooperation and communication, while sharing practical strategies to preserve and strengthen these relationships.

Fighting for Our Friendships is one part textbook, one part handbook. Readers will not only learn what the latest research has to say about the mechanics of women's friendships, but they'll walk away with real-life solutions for the most common conflicts that arise in their platonic relationships.

Using a combination of psychology, science, narrative, and a few of the author's signature scripts and out-of-the-box exercises, readers will learn:

- The three "affinities" that bring women together (and tear them apart)
- Scripts to navigate nine of the most challenging "friend types" (and how to know which one you are)
- The covert strategies women use to hurt each other (and how to avoid them)
- How to have a hard conversation with a friend (without losing the friendship)
- Surprising ways that women's people-pleasing delays platonic intimacy (and how to stop it)
- How to know if a friendship is worth saving (and what to do to recover)
- How to make (and deepen!) connections with other women

In a time when we are often encouraged to opt out of friendships at any sign of friction, Danielle Bayard Jackson is showing us how to opt in.



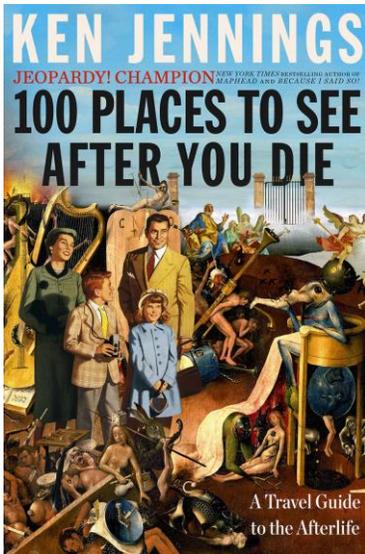
Danielle Bayard Jackson is a female friendship coach and educator and has been featured in *The New York Times*, *Huffington Post*, *The Today Show*, and more.

Hachette Go
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Manuscript available

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100 PLACES TO SEE AFTER YOU DIE: A Travel Guide to the Afterlife
Ken Jennings



From *New York Times* bestselling author, legendary Jeopardy! champion, and host Ken Jennings comes a hilarious travel guide to the afterlife, exploring destinations to die for from literature, mythology, and pop culture ranging from Dante’s *Inferno* to Hadestown to *The Good Place*.

Ever wonder which circles of Dante’s *Inferno* have the nicest accommodations? Where’s the best place to grab a bite to eat in the ancient Egyptian underworld? How does one dress like a local in the heavenly palace of Hinduism’s Lord Vishnu, or avoid the flesh-eating river serpents in the Klingon afterlife? What hidden treasures can be found off the beaten path in Hades, Valhalla, or television’s *The Good Place*? Find answers to all those questions and more about the world(s) to come in this eternally entertaining new book from Ken Jennings.

100 Places to See After You Die is written in the style of iconic bestselling travel guides — but instead of recommending must-see destinations in Mexico, Thailand, or Rome, Jennings outlines journeys through the afterlife, as dreamed up over 5,000 years of human history by our greatest prophets, poets, mystics, artists, and TV showrunners.

This comprehensive index of 100 different afterlife destinations was meticulously researched from sources ranging from the Epic of Gilgamesh to modern-day pop songs, video games, and Simpsons episodes. Get ready for whatever post-mortal destiny awaits you, whether it’s an astral plane, a Hieronymus Bosch hellscape, or the baseball diamond from Field of Dreams.

Fascinating, funny, and irreverent, this light-hearted memento mori will help you create your very own bucket list—for after you’ve kicked the bucket.

Praise:

“A gung-ho travel guide to Heaven, Hell, and beyond...Jennings approaches his subject with a wry, ready-to-be-delighted open-mindedness”- *The New Yorker*

“Jennings’s breezy approach and exhaustive knowledge allow him to range from *Twin Peaks* to Dante’s *Divine Comedy* with ease, and even casual readers who dip in intermittently will be enlightened.” – *Publishers Weekly*, starred review

“An entertaining, amusing collection...Everything you always wanted to know about the afterlife but were too alive to ask.” – *Kirkus*



Ken Jennings was an anonymous software engineer in 2004 when he unexpectedly became a TV celebrity after his record-breaking 74-game, \$2.5 million winning streak on the syndicated quiz show Jeopardy! Today, he is the author of thirteen books, including the *New York Times* bestsellers *Brainiac*, *Maphead*, and *Because I Said So!*, as well as the Junior Genius Guides for children. In 2020, he was named Jeopardy!’s “Greatest of All Time”, and in 2022, succeeded Alex Trebek as a permanent host of the show. He grew up in Seoul, Korea but for the last fifteen years has lived in his native Seattle with his family and dogs.

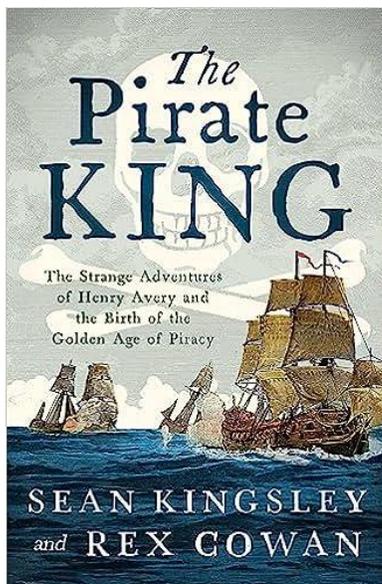
Scribner
304 pages
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Book available

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THE PIRATE KING: The Strange Adventures of Henry Avery and the Birth of the Golden Age of Piracy

Sean Kingsley and Rex Cowan



The incredible story of the “Robin Hood of the Seas,” who absconded with millions during the Golden Age of Piracy and who harbored an even greater secret.

Henry Avery of Devon pillaged a fortune from a Mughal ship off the coast of India and then vanished into thin air—and into legend. More ballads, plays, biographies and books were written about Avery’s adventures than any other pirate. His contemporaries crowned him “the pirate king” for pulling off the richest heist in pirate history and escaping with his head intact (unlike Blackbeard and his infamous Flying Gang). Avery was now the most wanted criminal on earth. To the authorities, Avery was the enemy of all mankind. To the people he was a hero. Rumors swirled about his disappearance. The only certainty is that Henry Avery became a ghost.

What happened to the notorious Avery has been pirate history’s most baffling cold case for centuries. Now, in a remote archive, a coded letter written by “Avery the Pirate” himself, years after he disappeared, reveals a stunning truth. He was a pirate that came in from the cold . . .

In *The Pirate King*, Sean Kingsley and Rex Cowan brilliantly tie Avery to the shadowy lives of two other icons of the early 18th century, including Daniel Defoe, the world-famous novelist and—as few people know—a deep-cover spy with more than a hundred pseudonyms, and Archbishop Thomas Tenison, a Protestant with a hatred of Catholic France.

Sean Kingsley and Rex Cowan's *The Pirate King* brilliantly reveals the untold epic story of Henry Avery in all its colorful glory—his exploits, his survival, his secret double life, and how he inspired the golden age of piracy.

Praise:

“In this twisty account, marine archeologist Kingsley and shipwreck hunter Cowan trace the life of 17th-century pirate Henry Avery. [Contains] fascinating descriptions of turn-of-the-18th-century espionage pieced together from archival scraps. A winding yarn.” -- *Publishers Weekly*

“An account of the life of a notorious British pirate and the first English novelist as they intersected in the shadowy world of royal espionage. The authors untangle a web of conspiracy and subterfuge to create an engaging story of the golden age of piracy, following the adventures of two enormously enterprising men. An intriguing unraveling of a mystery that ‘beggars belief.’” -- *Kirkus Reviews*

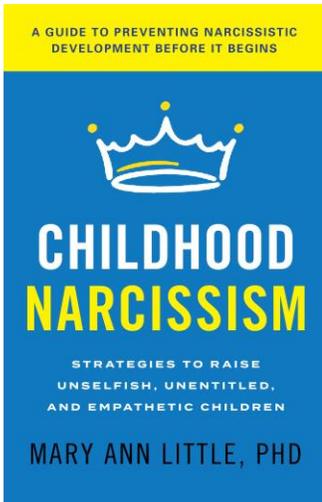
Dr. Sean Kingsley is a marine archaeologist who has explored over 350 wrecks from Israel to America. Off the UK he identified the world’s earliest Royal African Company English ‘slaver’ ship. Sean writes for *National Geographic* and is the founder of *Wreckwatch* magazine about the world’s sunken wonders. He is the author of *God’s Gold: A Quest for the Lost Temple Treasures of Jerusalem* and *Enslaved: The Sunken History of the Transatlantic Slave Trade* (with Simcha Jacobovici).

Rex Cowan is a former lawyer turned shipwreck hunter, author and broadcaster. He served in the Royal Air Force and has a law degree from King’s College London and is also a Fulbright scholar. He has since become Britain’s most successful shipwreck hunter and worked with John Le Carré on *A Century of Images. Photographs by the Gibson Family and Castaway and Wrecked*.

Pegasus
288 pages
Joelle Delbourgo Associates
Book available

Korean/China/Taiwan/SE Asian rights: Joelle Delbourgo Associates

CHILDHOOD NARCISSISM: Strategies for Raising Unselfish, Untitled, and Empathetic Children Mary Ann Little, PhD



A guide to preventing narcissistic development before it begins

Raising empathetic and unselfish young people in today's "all about me" world might seem impossible, but parents *can* take meaningful action to protect children from these harmful influences. Written by a psychologist with decades of clinical experience, *Childhood Narcissism* explains how selfish, entitled behavior can take root in a child and shows parents how to stop it before it's too late.

Mary Ann Little identifies the early warning signs that can result in a full-blown narcissistic disorder in adulthood and explores what nurtures a child's healthy, realistic self-concept and provides a positive model of love and relationships.

Based on the latest research and theory, the book also identifies *four parent types* that promote narcissistic development. By recognizing these traits in themselves, parents can work on their own shortcomings to build a stronger family and raise caring, empathetic children.

Praise:

"Not a quick how-to, this is for the parent, clinician, or caregiver seeking in-depth information and guidance." – *Booklist*

"Her style is warm and vulnerable, and the content is based on solid research, along with her own career experiences as a psychologist. And you can begin applying the practical "how-to" parenting steps immediately. We really can have happy health kids who will then grow up to be unselfish, loving and successful adults." - John Townsend, PhD, psychologist and author of the *New York Times* bestselling *Boundaries* book series and founder of Townsend Institute for Counseling and Leadership and Townsend Leadership Program

"Dr. Mary Ann Little is a master therapist who has brilliantly synthesized years of research and theory to make a very practical guide that parents and clinicians can use to tackle the challenging problem of childhood narcissism. She is deserving of the title "mother whisperer" ...Her special brand of wisdom and clinical insight culminate in a book that belongs on every parent's nightstand as well as in every psychology graduate student's backpack and clinician's bookshelf." - Matthew Housson, PhD, CEO of The Housson Center, co-founder of the nonprofit Parenting for the Present Podcast

"In *Childhood Narcissism*, Dr. Little provides a collection of incredibly useful insights from her decades of clinical practice, proposes a framework for understanding paths toward development of narcissistic tendencies in childhood, and provides the reader with strategies for avoiding common parenting pitfalls and engendering healthy personality development. A must-read for all parents." - Jennifer Phillips, PhD, licensed child psychologist, clinical professor, Department of Psychiatry and Behavioral Sciences (Division of Child and Adolescent Psychiatry), Stanford University



Mary Ann Little, PhD, is a clinical psychologist who has been in private practice for over four decades. She is currently an adjunct professor at the University of Texas Southwestern Medical Center at Dallas and has served as an adjunct professor in the departments of psychology and special education at the University of Texas at Dallas. Little authored *Loving Your Children Better: Matching Parenting Styles to the Age and Stage of Your Children*, *Cooperation Station*, an educational toy for kids and families, and the *Competent Kids Series*. She has been a consultant to numerous educational and psychiatric facilities and frequently lectures to both lay and professional audiences. Visit her online at drmaryannlittle.com.

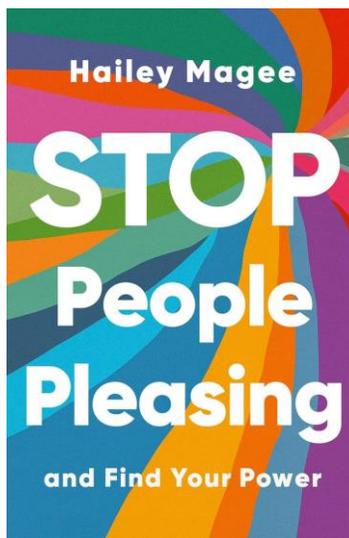
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STOP PEOPLE PLEASING: And Find Your Power

Hailey Magee



A viral life coach offers a practical, empathetic, and inspiring guide to breaking people-pleasing patterns that can harm our careers, relationships, physical, and psychic health.

For most of Hailey Magee’s life, people-pleasing came so naturally to her that she didn’t even have a word for it. When somebody wanted something from her—even a stranger—she gave it, no matter how uncomfortable, exhausted, or resentful she felt inside. People-pleasing, she learned, was a coping mechanism that had kept her physically and emotionally safe in the past, but wreaked havoc on her life in the present—and she was committed to breaking the pattern once and for all.

Stop People Pleasing explains how anyone can break the pattern by learning their own feelings, needs, values, and desires; ending cycles of enmeshment and codependency; overcoming guilt; developing physical and sexual agency; and more. It is a refreshingly nuanced guide, exploring fundamental questions like:

- How can I tell when my genuine kindness veers into people-pleasing?
- How can I set boundaries while maintaining my empathy and generosity?
- When is it appropriate to compromise on my needs, and when is it not?

Combining social science, psychology, and hands-on coaching exercises, *Stop People Pleasing* teaches you how to connect with your own feelings, needs, and dreams; courageously advocate for yourself in your relationships with friends, family, and colleagues; soothe yourself through the growing pains of healing; and dive headfirst into pleasure and play. With fresh insight, heartfelt empathy, and a keen personal understanding of the pitfalls of people-pleasing, Magee helps you say what you need and get what you deserve.

Praise:

“*Stop People Pleasing* is required reading for anyone who’s tired of feeling resentful, overwhelmed, and burned out after years of being ‘nice’. Brilliantly, she teaches us how to confidently self-advocate *without* losing our empathy.” – Holly Whitaker, author of *Quit Like A Woman*

“Essential reading for anyone who has ever steamrolled their own needs on behalf of others’. Magee shines light on the many ways we abandon ourselves for others only to end up resentful, spent, and stuck in joyless relationships. By demystifying people pleasing as a pattern of behavior, Magee offers readers hope by suggesting alternative patterns that begin with recognizing and honoring our own needs. A must-read.” – Christie Tate, author of *New York Times* bestseller *Group* and *BFF*

“*Stop People Pleasing* is not only a robust practical guide on how to honor yourself in relationships, it also provides a fresh, empowering lens on how we can consciously create a deeper alignment between our actions, words and personal values. A must read.” – Bethany Webster, author of *Discovering the Inner Mother*



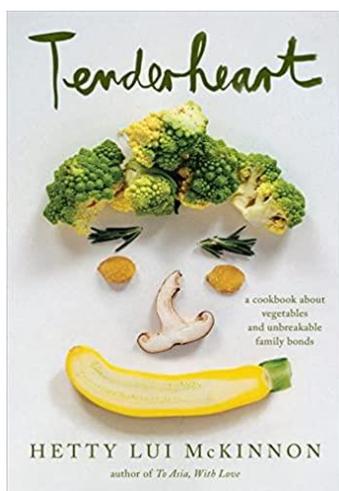
Hailey Magee is a certified coach, educator, and writer who helps individuals worldwide shatter the self-abandonment cycle, set empowered boundaries, and break the people-pleasing pattern. She has written for *Newsweek*, The Gottman Institute, and *Medium* and has facilitated group coaching sessions in partnership with WeWork, Amazon, Women In Music, and a variety of other companies and organizations. She received her BA from Brandeis University in Massachusetts and currently resides in Seattle, WA.

Simon & Schuster
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Rights sold: UKANZ/Yellow Kite; Greek/Patakis; Portuguese (Portugal)/Porto; Russian/MIF

TENDERHEART: A Cookbook About Vegetables and Unbreakable Family Bonds

Hetty Lui Mckinnon



The acclaimed author of *To Asia, With Love* explores how food connects us to our loved ones and gives us the tools to make vegetarian recipes that are healthful, economical, and bursting with flavor.

One of *Bon Appetit's* Best Books of the Year

Heritage and food have always been linked for Hetty Lui McKinnon. *Tenderheart* is a loving homage to her father, a Chinese immigrant in Australia, told in flavorful, vegetarian recipes. Growing up as part of a Chinese family in Australia, McKinnon formed a deep appreciation for her bicultural identity, and for her father, who moved to Sydney as a teenager and learned English while selling bananas at a local market. As he brought home crates full of produce after work, McKinnon learned about the beauty and versatility of fruits and vegetables.

Tenderheart is the happy outcome of McKinnon's love of vegetables, featuring 22 essential fruits and vegetables that become the basis for over 180 recipes.

- Miso Mushroom Ragu with Baked Polenta
- Carrot and Vermicelli Buns
- Crispy Potato Tacos
- Kale, Ginger and Green Onion Noodles
- Broccoli Wontons with Umami Crisp
- Soy-Butter Bok Choy Pasta
- Sweet Potato and Black Sesame Marble Bundt

Praise:

"A love letter to vegetables and almost a memoir through recipes, this truly special book speaks to the soul as much as to the stomach." —Nigella Lawson, author of *Cook, Eat, Repeat*

"*Tenderheart* delivers on everything we have come to expect and love from the force of nature that is Hetty Lui McKinnon: gorgeous, down to earth, vegetable-driven dishes that strike the most delicious balance between fresh and exciting, and cozy and approachable. What *Tenderheart* also reveals are the beautiful stories about Hetty's family and upbringing that will have you reaching for the tissues before opening up the pantry. Prepare to be utterly moved by this book." --Molly Yeh, Food Network host and NYT Bestselling author of *Home Is Where the Eggs Are* and *Molly on the Range*

"At its core, this is a book about vegetables and how to treat them in the kitchen with the love and respect that they deserve. However, there is a deeper parallel story here, told through Hetty Lui McKinnon's personal journey of love, loss, and grief -- and how transformation through healing and grace makes us evolve as people and teaches us how to be better humans." --Nik Sharma, James Beard Award-nominated author and photographer of *The Flavor Equation* and *Season*



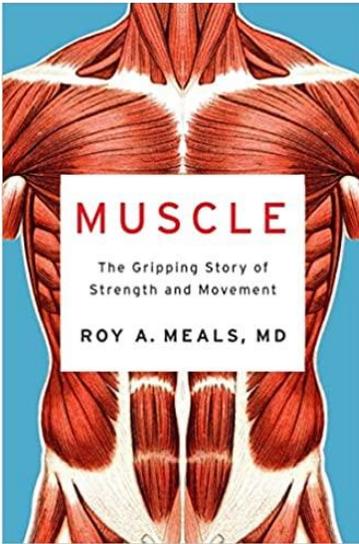
Hetty Lui McKinnon is a Chinese Australian cook and food writer. A James Beard Foundation finalist, she is the author of four other cookbooks, including the much-loved *To Asia, With Love* (2021), the award-winning *Family: New Vegetarian Comfort Food to Nourish Every Day* (2019), *Neighbourhood: Hearty Salads and Plant-Based Recipes from Home and Abroad* (2017), and *Community: Salad Recipes from Arthur Street Kitchen* (2014). Hetty is also the editor and publisher of multicultural food journal *Peddler* and the host of the magazine's podcast *The House Specials*. She is a regular recipe contributor to *The New York Times*, *Bon Appetit*, *Epicurious.com*, and *ABC Everyday*; and her recipes have appeared in *Food52*, the *Guardian*, *The Washington Post* and more. Born and raised in Sydney, she now resides in Brooklyn, New York.

Knopf
528 pages
Stonesong Literary
Book available

Rights sold: UK/Picador; Australia/Plum

MUSCLE: The Gripping Story of Strength and Movement

Roy A. Meals, MD



An entertaining illustrated deep dive into muscle, from the discovery of human anatomy to the latest science of strength training.

Muscle tissue powers every heartbeat, blink, jog, jump, and goosebump. It is the force behind the most critical bodily functions, including digestion and childbirth, as well as extreme feats of athleticism. We can mold our muscles with exercise and observe the results.

In this lively, lucid book, orthopedic surgeon Roy A. Meals takes us on a wide-ranging journey through anatomy, biology, history, and health to unlock the mysteries of our muscles. He breaks down the three different types of muscle—smooth, skeletal, and cardiac—and explores major advancements in medicine and fitness, including cutting-edge gene-editing research and the science behind popular muscle conditioning strategies. Along the way, he offers insight into the changing aesthetic and cultural conception of muscle, from Michelangelo's David to present-day bodybuilders, and shares fascinating examples of strange muscular maladies and their treatment. Brimming with fun facts and infectious enthusiasm, *Muscle* sheds light on the astonishing, essential tissue that moves us through life.

Praise:

"If you ever wanted to know more about the muscles you're training at the gym, *Muscle* seeks to dispel the mystery behind this integral part of our anatomy. Filled with illustrations, illuminating stories, and historical deep dives, *Muscle* will give you new insight into the power of our bodies."
— Milan Polk, *Men's Health*

"[A] thorough overview of muscles and how they operate... The scientific insights illuminate the abilities and oddities of the human body...and the fitness advice is a boon... The result is a strong primer on an essential part of the human body." — *Publishers Weekly*

"[Meals] offers an amusing account of physical training programs throughout history. [He] wisely devotes several chapters to exercise and sports, paying special attention to conditioning, nutrition, and muscle-building supplements, including a mildly skeptical review of performance enhancers and an entertaining review of cheating... An easy-to-digest science lesson tailored for general readers." — *Kirkus Reviews*

"What an educational and entertaining read! The up-to-date science related to muscle is clearly presented and explained, punctuated by an abundance of historical facts, anecdotes, and illustrations about human and animal muscles that are little known and highly interesting. Who knew muscles could be so fascinating? You will love this book." — Vernon Tolo, MD, Former President, American Academy of Orthopaedic Surgeons



Roy A. Meals, MD, is a clinical professor of orthopedic surgery at UCLA and the author of *Bones: Inside and Out*. The author of several medical books, he has practiced, researched, and taught hand surgery for forty years. He lives in Los Angeles, California.

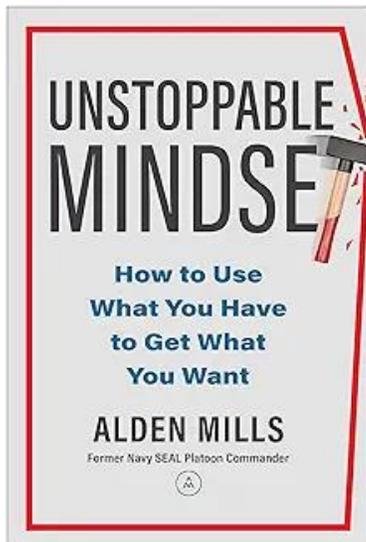
W.W. Norton
304 pages with 90 illustrations
Joelle Delbourgo Associates
Book available

Rights sold: Korean/Bookhouse;

China/Taiwan/SE Asian rights: Joelle Delbourgo Associates

UNSTOPPABLE MINDSET: How To Use What You Have To Get What You Want

Alden Mills



Learn how to harness the power of your mind to achieve your goals from a Navy SEAL Platoon Commander. Activate your unstoppable potential with this proven mindset formula.

What would you do if you knew you were unstoppable? Where would you go? What would you own? Who would you help? *Unstoppable Mindset* will help you uncover the answers to those questions and show you how to achieve more than you thought possible.

A three-time Navy SEAL platoon commander, CEO of an Inc. 500 company, Division I athlete, top-ranked public speaker, and a father of four boys with a deep passion for helping people realize their dreams, Alden Mills has identified a step-by-step process he calls *mindsetting*, to help you build the mental toughness to succeed.

In *Unstoppable Mindset*, Mills reveals the strategies that have helped thousands of people around the world to:

- Train your brain to succeed
- Dream up unstoppable goals
- Overcome the 3 obstacles to success—starting, failing, and tiring
- Build your own goal teams to surround yourself with positive support
- Identify and Harness the power of your thoughts, focus, and beliefs
- Develop daily action plans
- Activate your potential at will

You are so much more capable than you realize. Packed with personal stories and easy-to-remember tools to create a concrete action plan for success, *Unstoppable Mindset* is an essential guide for anyone who is ready to make their dreams a reality.

Early praise

“Alden Mills gives you the tools to develop the mindset you need to climb all of life’s mountains (no matter how steep), and this book will help you every step of the way!” – Alison Levine, *New York Times* Bestselling Author, *On the Edge*, and Team Captain, American Women’s Everest Expedition

“Scaling a business requires a can-do, play-to-win, never-give-up mindset where you look at obstacles as opportunities and see the possibilities in problems. There is no better book to help you and your team develop an *Unstoppable Mindset* than the one in your hands.” – Verne Harnish, Founder, Entrepreneurs’ Organization, and Author, *Scaling Up*

“In *Unstoppable Mindset*, Alden Mills challenges you to truly dream big and then take comprehensive actions to fulfill those ambitions. Embracing the mind-body connections to deliberately build your positive mindset loop, controlling your focus and beliefs, and channeling your energy into persistence will give you the courage to pursue your goals.” – Eric Hall, Chief Marketing Officer, Digital Experience Business, Adobe



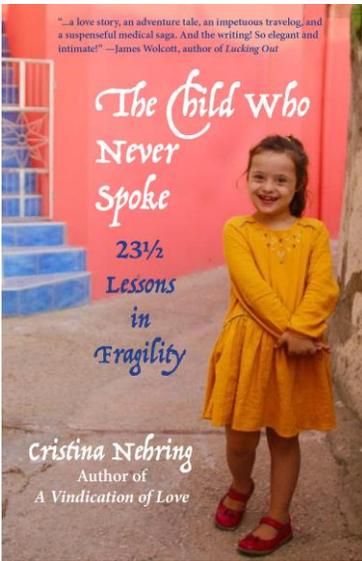
Alden Mills has over 35 years of leadership experience as a three time #1 ranked Navy SEAL platoon commander and CEO of Perfect Fitness, one of the fastest-growing companies in America. He invented the Perfect Pushup along with over forty patented products and is the author of *Be Unstoppable* and *Unstoppable Teams*. He is a highly sought after speaker and coach; *Entrepreneur* magazine ranked him the #1 virtual speaker. When he is not helping others activate their potential, he is with his wife, four boys and two Labradors in the San Francisco Bay Area.

Matt Holt Books/BenBella
256 pages
Jud Laghi Agency
PDF available

Rights sold to BE UNSTOPPABLE: Japanese/Subarusha;

Rights sold to UNSTOPPABLE TEAMS: China/Beijing Mediatime Books; Spanish/Taller del Exito

THE CHILD WHO NEVER SPOKE: 23 ½ Lessons In Fragility
Christina Nehring



Cristina Nehring, a brilliant travel writer and literary critic, was a free spirit. She never wanted to be tethered in a traditional relationship and she never dreamt of motherhood. On assignment in Greece, she finds herself pregnant after a fling. That’s when her world changes. Returning to France alone, she decides to keep the baby, naming her Eurydice. The little girl is born with Down syndrome, requiring a level of care Nehring is not prepared for.

But what she’s even less prepared for is the love and devotion the child will arouse in her, a passionate love that helps her to forge an unexpected identity as a fierce and protective mother. For this child, who nearly died as a toddler of leukemia, and is so severely disabled, is also the essence of joy. Unable to speak beyond a few words, Eurydice embodies the capacity for happiness and love.

Nehring’s *The Child Who Never Spoke* relates this unusual love story through 23 ½ short chapters, each one blending storytelling with a life lesson that Eurydice teaches us. The structure reminds us of what makes Eurydice different from us, that extra half chromosome.

Praise:

“A tour de force. A manual for the good life and a riveting adventure story all rolled into one.” – *Le Monde*

“A fabulous love story between two individuals who were never intended to meet.” – *Elle Magazine*

“There is so much danger and love packed into this slender memoir. It’s like reading Bukowski or Hunter S. Thompson. But it’s a woman living them, with a small child, and so much more at stake. I was always worried for her and rooting for her and in the end genuinely inspired by her. In every dark place she finds love.” --Hanna Rosin, author of *The End of Men* and podcast director at *New York Magazine*

“Yes, there are lessons to be taken from these pages, hard-won lessons wrung from Cristina Nehring’s ongoing odyssey as the single mother of a Down syndrome child and spun into lyric wisdom. But *The Child Who Never Spoke* is more than a guidebook to the uses and unexpected gifts of adversity. It is a love story, an adventure tale, an impetuous travelog, and a suspenseful medical saga (you can almost hear the hospital beeps in the background, the shuffle of footsteps down the halls) borne along by Nehring’s buoyant breadth of spirit and the unbreakable bond with her daughter Eurydice.” –James Wolcott, author of the memoir *Lucking Out* and the essay collection *Critical Mass*



Cristina Nehring holds a PHD in Literature from UCLA. Based in Paris, her articles have appeared in *Atlantic Monthly*, *Elle*, *the Los Angeles Times*, *the San Francisco Chronicle*, *the New York Times*, *New York*, *Tablet* magazine and other venues. Nehring is also the author of *A Vindication of Love: Reclaiming Romance for the 21st Century* (HarperCollins).

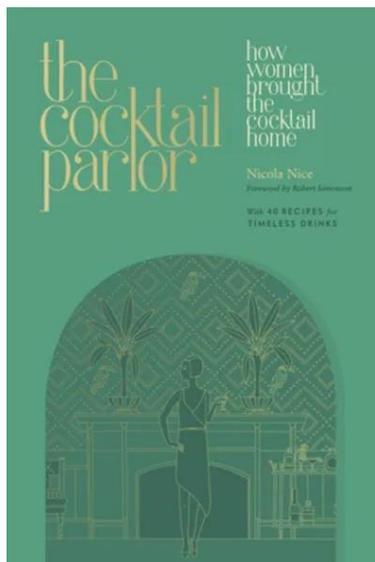
Heliotrope
204 pages
Joelle Delbourgo Associates
Book available

Rights sold: French/Premier Parallele
Korean/China/Taiwan/SE Asian rights: Joelle Delbourgo Associates

Rights sold for A VINDICATION OF LOVE: Italian/Neri Pozza; Portuguese (Brazil)/Record; Spanish/Lumen

THE COCKTAIL PARLOR: How Women Brought The Cocktail Home

Nicola Nice



Meet the hostesses who have shaped cocktail history, and learn how to make the drinks they loved.

Throughout history, women have helped propel what we know as classic cocktails—the Martini, the Manhattan, the Old-Fashioned, and more—into popular culture. But, often excluded from private clubs, women exercised this influence from the home, in their cocktail parlors. In *The Cocktail Parlor*, Dr. Nicola Nice, sociologist and spirits entrepreneur, gives women their long-overdue spotlight in cocktail history and shows how they still impact cocktail culture today.

Journeying through the decades, this book profiles a diverse array of influential hostesses. With each historic era comes iconic recipes, featuring a total of 40 main cocktails and more than 100 variations that readers can make at home. Whether its happy hour punch a la Martha Washington or a Harlem Renaissance–inspired Green Skirt, readers will find that many of the ingredients and drinks they’re familiar with today wouldn’t be here without the hostesses who served them first.



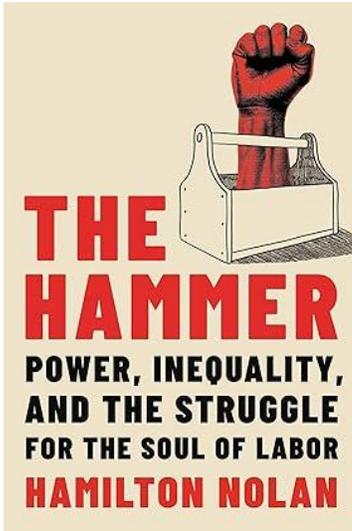
Dr. Nicola Nice is a sociologist, brand strategist, and founder of the Pomp & Whimsy gin company. Nicola has worked in spirits innovation for over a decade. She has been featured in the *New York Times*, *Forbes*, and more. She lives in Westchester County, New York.

Countryman Press
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Joelle Delbourgo Associates
Manuscript available

World English rights: Countryman Press

Korean/China/Taiwan/SE Asian rights: Joelle Delbourgo Associates

THE HAMMER: Power, Inequality, and the Struggle for the Soul of Labor
Hamilton Nolan



A timely, in-depth, and vital exploration of the American labor movement and its critical place in our society and politics, from acclaimed labor reporter Hamilton Nolan.

Inequality is America's biggest problem. Unions are the single strongest tool that working people have to fix it. Organized labor has been in decline for decades. Yet it sits today at a moment of enormous opportunity. In the wake of the pandemic, a highly visible wave of strikes and new organizing campaigns have driven the popularity of unions to historic highs. The simmering battle inside of the labor movement over how to tap into its revolutionary potential—or allow it to be squandered—will determine the economic and social course of American life for years to come.

In chapters that span the country, Nolan shows readers the actual places where labor and politics meld. He highlights how organized labor *can* and *does* wield power effectively: a union that dominates Las Vegas and is trying to scale nationally; a successful decades-long campaign to organize California's child care workers; the human face of a surprising strike of factory workers trying to preserve their pathway to the middle class. Throughout, Nolan follows Sara Nelson, the fiery and charismatic head of the flight attendants' union, as she struggles with how (and whether) to assert herself as a national leader, to try to fix what is broken. *The Hammer* draws the line from forgotten workplaces in rural West Virginia to Washington's halls of power, and shows how labor solidarity can utterly transform American politics—if it can first transform itself.

A labor journalist for more than a decade, Nolan helped unionize his own industry. *The Hammer* is a urgent on-the-ground excavation of the past, present, and future of the American labor movement.

Praise

"Hamilton Nolan is one of the greatest living American labor journalists, and his debut book, *The Hammer*, shows exactly why. In this deeply reported work of journalism, Nolan shows both his endless compassion for the workers and organizers laboring to change this world for the better, and his willingness to turn an unsparingly critical eye on the movement's own blind spots and failings."—Kim Kelly, author of *Fight Like Hell: The Untold History of American Labor*

"*The Hammer* is a smart, lively and trenchant look at the myriad problems that American workers face, from poverty-level wages to blatant union-busting to obscene levels of income inequality. It's also a stirring call for stronger action to lift America's workers as well as a stinging critique of the nation's labor unions for failing to do more to organize and fight for workers. It's one of the best-written, most colorful books on labor that I've read in years."—Steven Greenhouse, author *Beaten Down, Worked Up*

"One of my favorite writers reports with passion and courage on one of the most pressing challenges America faces: saving our economy from plutocracy. We need more hammers like him."—Rick Perlstein, author of *Reaganland and Nixonland*

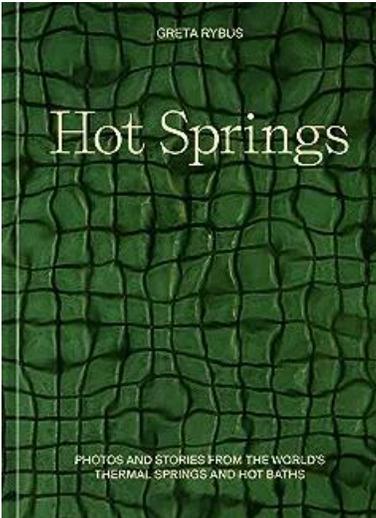
"Labor journalist Nolan makes his book debut with a rousing look at union activities across the country and an impassioned argument for the protection of workers' rights....Spirited reporting on workers' lives."—*Kirkus Reviews*



Hamilton Nolan is a labor journalist who writes regularly for *In These Times* magazine and *The Guardian*. He has written about labor, politics, and class war for *The New York Times*, the *Washington Post*, *Gawker*, *Splinter*, and other publications. He was the longest-serving writer in *Gawker's* history, and was a leader in unionizing *Gawker Media* in 2015. Hamilton is a proud member of the Writers Guild of America, East. He lives in Brooklyn.

Hachette
272 pages
Jud Laghi Agency
Book available

HOT SPRINGS: Photos and Stories from the World's Thermal Springs and Hot Baths
Gina Rybus



Immerse yourself in hot springs from around the world in this stunning visual adventure that features photographs and stories of the unique topographies, regional uses, and cultural meanings of thermal baths.

This book transports you to high mountains, remote islands, vast deserts, and the Arctic to soak in the ethereal beauty of natural hot springs. From sacred sites in India to municipal pools in Iceland and beyond, photojournalist Greta Rybus has traveled the world to document the warm, wild gathering places that have comforted the weary and adventurous for centuries.

Each spring is unique, a reflection of not just its physical location but of the people who care for and enjoy it. *Hot Springs* guides you through breathtaking landscapes and offers intriguing insights on historical significance, proper etiquette, and the roles these springs have in their communities. You'll hear from bathers in Hungary and Japan about how hot baths are a consistent part of their wellness and social routines. You'll learn about a repatriated hot spring in South Africa and explore the power of communal ownership for locals in Alaska, Greenland, and Mexico. You'll read about a pool that Antony reportedly gave to Cleopatra and hot springs in Iceland still connected to an outlaw past.

Greta's breathtaking photography transports you to more than two dozen worldwide locations while introducing you to the interconnected communities surrounding them. *Hot Springs* is your invitation to revel in the healing powers of water and its ability to connect us to ourselves, others, and the planet.



Grutas Tolantongo

MEXICO

It takes four hours to get from Mexico City to Grutas Tolantongo, a drive that takes you past circus-like tents selling burritos, sprawling suburbs, fields of cabbages and busy public markets. As Grutas Tolantongo nears, roadside stores appear, selling inflatable pool floats and water shoes. The road pitches up toward the mountains, then down eighteen steep switchbacks into a box canyon. At the entrance gate, a main hallway is a maze depicting pool structures, hotel complexes, restaurants, offices, the river, waterfalls, and grutas.

Grutas Tolantongo is an historically designed network of pools, spas, and grutas that evolved into a resort. There, their water flows through a series of pools and grutas, creating a unique experience. The resort is a complex of pools and grutas, each with its own unique history. The resort is a complex of pools and grutas, each with its own unique history. The resort is a complex of pools and grutas, each with its own unique history.



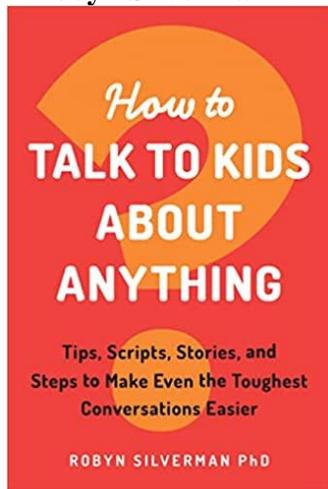
Greta Rybus is a photojournalist specializing in documenting human experiences of the environment. Born in Idaho, she studied photojournalism and cultural anthropology at the University of Montana. She is an assignment photographer for the *New York Times*, *Travel + Leisure*, *The Guardian*, and other magazines and newspapers. She is happiest when soaking in hot water, meeting new people, and exploring new places.

Ten Speed Press
240 pages, photos throughout
Present Perfect
Book available

World English rights: Ten Speed Press
Translation rights: Hodgman Literary

HOW TO TALK TO KIDS ABOUT ANYTHING: Tips, Tricks, Stories, and Steps to Make Even The Toughest Conversations Easier

Robyn Silverman PhD



A step-by-step guide to answering your kids' toughest questions

"When people die, where do they go?"

"Why is her skin darker than mine?"

"But how does the baby get in there?"

Don't panic. While we know that the first step to connecting deeply with our kids is being able to communicate, empathize, and answer their biggest queries, what do you do when that tricky-to-answer question comes out of the blue? Sometimes we just don't know what to say, so we simply change the subject or give a quick, throwaway answer—and hope it doesn't come up again. Dr. Robyn Silverman, host of the *How to Talk to Kids About Anything* Parenting Podcast, gets it. A child development specialist and mom, she'll stick with you every step of the way.

In this book, Dr. Robyn takes you through the whole spectrum of kids' curious questions, giving you the strategies and scripts to prepare you for life's most challenging conversations. That way your kids get age-appropriate information straight from you, their trusted source, rather than from peers, the media, or the internet. You'll learn how to develop calm, well-thought-out answers to tricky questions on subjects including: death, sex, friendship, divorce, money, and more.

Drawing on the expertise of dozens of well-known experts, Dr. Robyn's decades of working with children and teens, and her personal experience as a mom, *How to Talk to Kids About Anything* is a vital resource for parents who value having honest, meaningful conversations with their kids. When you just can't find the right words, this book will be your guide to talking to your kids about anything as they grow from toddlers to teens... and beyond.

Praise:

"As they grow into adults, children will have questions on virtually every topic—sex, love, death, divorce. Dr. Robyn guides parents through the turbulent waters of conversation during the delicate, impressionable years of childhood. A must-read!" — Rosalind Wiseman, bestselling author of *Queen Bees & Wannabes*

"Dr. Robyn has created a step-by-step manual with real-life examples of what to say to children on any subject. Her scripts are actionable and essential. A sorely needed resource for parents" — Jessica Lahey, bestselling author of *The Gift of Failure*

"In today's Internet-soaked culture, it has become not only important but imperative to be our children's first source of information. In *How to Talk to Kids About Anything*, Dr. Robyn shows us how." — Michele Borba, bestselling author of *Thrivers and Unselfie*

"Dr. Robyn Silverman distills decades of research and experience and hundreds of expert interviews into a warm, wise, clear, and comprehensive guide that really does explain *How to Talk to Kids About Anything*... It's a gift to parents everywhere." — Lisa Damour, PhD, author of *Untangled*, *Under Pressure*, and *The Emotional Lives of Teenagers*



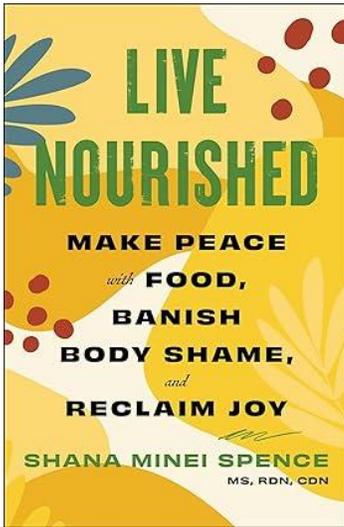
Dr. Robyn Silverman is a well-known professional speaker, child & teen development specialist and Kid Conversation Expert who appears regularly on many national TV such as The Today Show, Nightline and Good Morning America. Her articles have appeared in the New York Times, Washington Post, US News & World Report and Medium and she is often quoted in print articles for her hands-on parenting and child development expertise.

Sourcebooks
432 pages
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LIVE NOURISHED: Make Peace with Food, Banish Body Shame, and Reclaim Joy
Shana Spence, MS, RDN, CDN



Reject diet culture, achieve a healthy relationship with food, and nourish your body and soul with this book from registered dietitian, nutritionist, and creator behind the Instagram @TheNutritionTea, Shana Spence.

In *Live Nourished*, Shana Spence starts by exposing diet culture for what it is: a patriarchal, capitalist mindset that robs people of their time, money, health, and joy. It's a systemic belief that equates fitness, health, and thinness with worth and assigns food a moral value. And it's a belief that pervades our society.

Spence's arguments will open your eyes to the insidiousness of this mindset and will demonstrate how it's infiltrated the health and wellness world, how to recognize it in all its sneaky forms, and how letting go of efforts to lose weight or eat "perfectly" actually helps to improve people's health—no matter their size. Relayed through scientific evidence, case studies, and personal experience, Spence demonstrates why diets don't work, and provides you with a radical alternative to diet culture, one that prioritizes nourishing the body and soul and looks to bring joy.

To get there, Spence walks you through healing your relationship with food. Touching on concepts like intuitive eating and health at any size, *Live Nourished* provides you with a roadmap towards eating what works for you and helps you reclaim your body, mind, and life so you can focus on things that truly matter.

Spence's thesis is simple: If we can learn to separate ourselves and our worth from diet culture, we can learn how to eat when we're hungry, meet our body's unique needs, and discover which foods give us pleasure—all while nourishing our bodies and souls in the process.

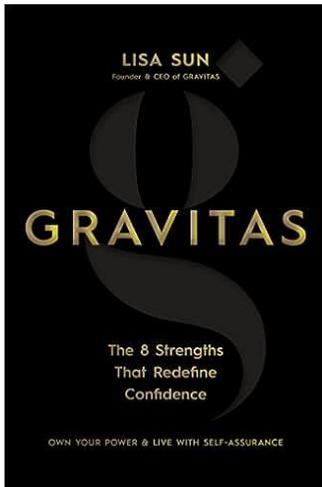


Shana Minei Spence is a Registered Dietitian Nutritionist who calls herself an "all foods fit" dietitian. Spence is the creator of the hugely popular Instagram account @TheNutritionTea, as in giving the tea on nutrition. She works in public health with a focus on community health and runs a private practice where she has helped hundreds of clients stop harmful dieting habits for improved health and happiness. She has appeared on *Good Morning America* online, has given talks for Peloton and the national Eating Recovery Center, and been featured on NPR and in *Self*, *Women's Health*, *Men's Health*, *Outside*, *Shape*, and other outlets. She lives in Brooklyn, New York.

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GRAVITAS: The 8 Strengths That Redefine Confidence Lisa Sun



Noted fashion entrepreneur and former McKinsey & Company consultant, Lisa Sun, shares the eight strengths that every woman can call upon to be confident and successful.

NATIONAL BESTSELLER

“Lisa comes across as young and overly enthusiastic at times. She should seek to have more gravitas.”

This is what Lisa Sun’s boss wrote in her first review as a business analyst at the global management consulting firm McKinsey & Company. Sun knew she wasn’t alone in receiving this type of feedback and over the course of the last two decades, she has been on a journey to uncover what it means to be truly confident. In this thought-provoking and practical guide, Sun, founder of lifestyle brand Gravitas, has cracked the code to help women build their own self-worth on their own terms. By doing so she:

- debunks the narrow view of confidence society has written for us
- redefines confidence as an inclusive construct that combines several innate strengths
- helps you discover your “confidence language” and tap into the source of your self-belief
- arms you with the tools to flex other strengths so you can shatter your expectations for yourself

Sun shares her own journey of self-discovery and growth and combines it with proprietary research, real-world examples, and anecdotes from other successful women who have championed their own definition of self-worth. Whatever stage of life you’re in, Gravitas offers valuable insights and strategies to help you succeed in any setting. Whether you are a mom, entrepreneur, creative soul, executive, thinker, maker, or doer, Sun will show you how you too can live life with total self-assurance and find your own gravitas.

edr

Praise:

“Lisa Sun makes a clear case for redefining confidence in the modern era. She reexamines outdated notions of what it means to be self-assured and creates a new vocabulary and practical guide we all can use to be truly confident in our personal lives and at work. It is a must read for anyone looking to find their voice and present themselves with true power.” - Deepa Purushothaman, author of *The First, The Few, The Only*

“In her fascinating new book, *Gravitas*, former McKinsey & Company consultant, entrepreneur, and glass-ceiling crusher Lisa Sun argues that self-confidence is an innate gift inside each of us to own, hone, and celebrate...And through a step-by-step approach, Sun helps expand society’s definition of confidence to meet the challenges of modern life.” - John Gerzema, *New York Times* best-selling co-author of *The Athena Doctrine*

“After I took the Gravitas Superpower Quiz, I knew author Lisa Sun was onto an important idea that would improve women's lives through rocket-boosting self-awareness. I was excited to find out my own confidence language and, through this extraordinary book, discover how to tap into its power. It has been a joy to apply what I learned to my personal and professional lives. I can't wait to share the quiz with friends and compare results!” - Dana Cowin, founder of *Speaking Broadly*



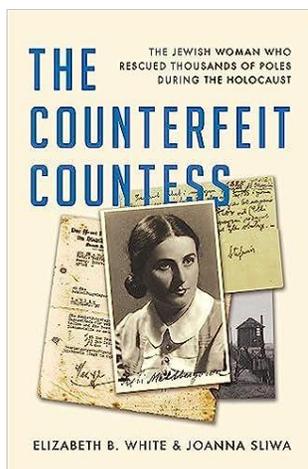
Lisa Sun is the founder and CEO of GRAVITAS, a company on a mission to catalyze confidence. GRAVITAS offers innovative size-inclusive apparel, styling solutions, and content designed to make over women from the inside out. Prior to founding GRAVITAS, Sun spent 11 years at McKinsey & Company, where she advised leading luxury fashion and beauty brands and retailers in the U.S., Asia, Europe, and Latin America on strategic and operational issues. Her first collection was featured in *O, The Oprah magazine, People*, and the *Today* show in the same month. Sun and GRAVITAS have been featured on CNN and in *Forbes, Fast Company, New York magazine, Elle, Marie Claire, InStyle*, and more.

Hay House
256 pages
Empire Literary
Book available

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COUNTERFEIT COUNTESS: The Jewish Woman Who Rescued Thousands of Poles During The Holocaust

Elizabeth B. White, PhD and Joanna Sliwa, PhD



The astonishing story of Dr. Josephine Janina Mehlberg—a Jewish mathematician who saved thousands of lives in Nazi-occupied Poland by masquerading as a Polish aristocrat—drawing on Mehlberg’s own unpublished memoir.

Mehlberg operated in Lublin, Poland, headquarters of *Aktion Reinhard*, the SS operation that murdered 1.7 million Jews in occupied Poland. Using the identity papers of a Polish aristocrat, she worked as a welfare official while also serving in the Polish resistance. With guile, cajolery, and steely persistence, the “Countess” persuaded SS officials to release thousands of Poles from the Majdanek concentration camp. She won permission to deliver food and medicine—even decorated Christmas trees—for thousands more of the camp’s prisoners. At the same time, she personally smuggled supplies and messages to resistance fighters imprisoned at Majdanek, where 63,000 Jews were murdered in gas chambers and shooting pits. Incredibly, she eluded detection, and ultimately survived the war and emigrated to the US.

Drawing on the manuscript of Mehlberg’s own unpublished memoir, supplemented with prodigious research, Elizabeth White and Joanna Sliwa, professional historians and Holocaust experts, have uncovered the full story of this remarkable woman. They interweave Mehlberg’s sometimes harrowing personal testimony with broader historical narrative. Like *The Light of Days*, *Schindler’s List*, and *Irena’s Children*, *The Counterfeit Countess* is an unforgettable account of inspiring courage in the face of unspeakable cruelty.

Praise:

"A story of courage, compassion, and cunning so profound that it must be included with the greatest Holocaust literature. Janina Mehlberg is a heroine for the ages." -- Larry Loftis, *New York Times* bestselling author of *The Watchmaker's Daughter*

"Powerful. . . . A heart-wrenching profile of resilience, ingenuity, and heroism." — *Publishers Weekly*

"Holocaust historians White and Sliwa masterfully piece together the previously untold story of a Jewish mathematician who, during the Nazi occupation of Poland, masqueraded as a countess while she helped free and feed thousands of Poles imprisoned at the Majdanek concentration camp." — *Library Journal* (starred review)

"A fine delineation of personal heroism amid an era of utter human depravity." — *Kirkus Reviews*

"This extensively-documented account serves as powerful testimony." — *Booklist*

"*The Counterfeit Countess* is an extraordinary testament to courage, resilience and humanity during the darkest months of the Holocaust. Beautifully crafted and meticulously researched by two of America’s powerhouse World War II historians, this riveting story will ensure that the world never forgets the utterly remarkable Josephine Janina Mehlberg and an epic rescue mission that defied great evil. You will not put this book down until the very last word -- it is a stunning piece of Holocaust history that will stick with you long after you’re done." -- Debbie Cenziper, Pulitzer Prize-winning journalist and author of *Citizen 865: The Hunt for Hitler's Hidden Soldiers in America*

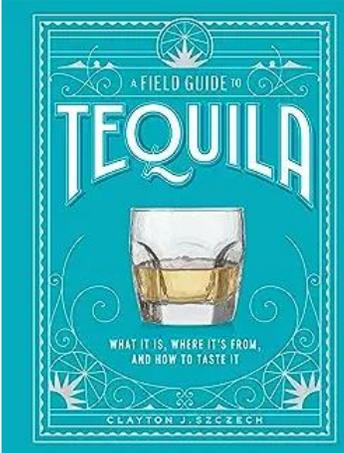
Elizabeth “Barry” White, Ph.D., is a senior historian at the United States Holocaust Memorial Museum, where she regularly speaks to Museum audiences and contributes to the Museum’s online Encyclopedia of the Holocaust. Prior to working for the USHMM, Barry spent a career at the U.S. Department of Justice working on investigations and prosecutions of Nazi criminals and other human rights violators who immigrated to the United States and has written numerous scholarly articles. Joanna Sliwa, Ph.D. works as Historian at the Conference on Jewish Material Claims Against Germany, the only organization that negotiates with the German government for compensation for Jewish Holocaust survivors. She has taught Holocaust and Jewish history and has served as a historical consultant and researcher for television.

Simon & Schuster
336 pages
Joelle Delbourgo
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A FIELD GUIDE TO TEQUILA: What It Is, Where It's From, and How To Taste It
Clayton Szczech



For the tequila curious and the tequila connoisseur alike, a complete, illustrated guide to one of the world's most popular spirits

Time to put away the shot glass—tequila long ago left its spring break clichés in the dust. Today, it is not just a sophisticated global phenomenon but is poised to surpass vodka to become the number one spirit in the U.S. by sales. Which means there's no better time for *A Field Guide to Tequila*, the new bible on this popular spirit.

Whether you're already an aficionado who likes to slow-sip an artisanal extra-añejo or a margarita lover curious about your favorite drink and what makes it special, *A Field Guide to Tequila* takes you step by step into everything that makes tequila special, from how it came about, to how it's made, to how to select, taste, and serve it. Beginning with the origin of every bottle of tequila—the unique blue agave (which is actually much closer, biologically, to a lily than a cactus)—it's all here: The life cycle of the blue agave and the complex process of turning it into liquor (hint: There's harvesting, steaming, roasting, and—still in use in one legendary distillery—working mules). The five classes of tequila, including the unfortunate myth of blanco's inferiority. How to read a tequila label. The seventeen tequila producers to know and brands you need to explore, from giants of the industry like Patrón and José Cuervo to traditionalists, artisans, and innovators, including Tapatío, Siete Leguas, Ocho, G4, and Cava de Oro. The real deal with so many celebrity tequila brands, a phenomenon that started with Bing Crosby. How to set up a tequila tasting. A complete guide to tequila tourism, including dos and don'ts for visiting the town of Tequila, best times to go, essential stops, and a glossary of Spanish. Oh, and a recipe for a best-ever margarita, plus three other classic tequila cocktails, including the Rolling Stones' favorite, the tequila sunrise.

With its striking visuals and appealing package, *A Field Guide to Tequila* is a go-to reference that felicitously also feels like a real gift book—and vice versa.



Clayton J. Szczech has been studying and teaching about Mexican alcoholic beverages since 2006. He has operated the groundbreaking educational tour company Experience Agave since 2008. He co-founded La Cata, the first brand-independent tasting room in Tequila, Jalisco, in 2016. He has been featured in the *New York Times*, *Wall Street Journal*, *Los Angeles Times*, *Sunset*, *The Guardian*, *AFAR*, *Wine Enthusiast*, *Virtuoso Life*, on CNN en Español and Amazon's "Distilling Mexico." He holds numerous certifications related to tequila and mezcal and is currently pursuing a Ph.D. at the University of Utah. His academic work focuses on the socioeconomic and environmental outcomes of Geographical Indication regimes, with an emphasis on Mexico

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CONSIDER THIS: Reflections for Finding Peace
Nedra Glover Tawwab

Cover
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Come

Inspiring advice for navigating life’s ups and downs, and finding ways to grow every day – with intention – from the *New York Times* bestselling author of *Set Boundaries, Find Peace* and *Drama Free*

Life comes at us fast, with new challenges to navigate at every turn. Millions of fans have embraced the fresh insights of bestselling author Nedra Glover Tawwab, a popular therapist who brings both expertise and a fresh perspective to the everyday struggles we all navigate in our relationships and within ourselves.

In this inspiring book of daily insights, Nedra delivers food for thought, friendly reminders, and perspective shifts to help us stay true to who we are and what matters most. Topics include setting boundaries, rising above drama, expressing ourselves with clarity and integrity, and finding peace and joy every chance we can get.

This empowering and embraceable book will help us stay the course— and grow more fully into ourselves every day.



Nedra Glover Tawwab, MSW, LCSW, is the author of *New York Times* bestsellers *Drama Free* and *Set Boundaries, Find Peace*. A licensed therapist and sought-after relationship expert, Nedra has appeared on Good Morning America, CBS This Morning, The Breakfast Club, and many other media outlets. She hosts the podcast You Need to Hear This, and shares practices and reflections for mental health on her popular Instagram account, @nedratawwab with over 1.8 million followers. Nedra currently resides in Charlotte, North Carolina, with her family.

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384 pages
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THE LIFE AUDIT: A Step-by-Step Guide To Discovering Your Goals and Building The Life You Want
Ximena Vengoechea

Cover
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Come

***Designing Your Life* meets *Start Where You Are* in this guide to intentionally building a beautiful, meaningful future.**

This step-by-step handbook reveals how to use design thinking and creative exercises to uncover personal and professional passions, motivations, and goals and make confident decisions based on those revelations. Through thought-provoking practices and illuminating visuals, readers will discover how to:

- Identify hidden dreams, goals, and the core values most important to them
- Overcome the internal judgments and outside expectations that stifle growth
- Find the people, skills, and resources they need to nourish their dreams
- Design a practical, personal action plan they can follow with confidence and clarity

For anyone contemplating a career change, facing a personal crossroads, or searching for satisfaction, *The Life Audit* is a safe space for dreaming big and a rousing call to design a life full of joy and purpose.

Praise for REST EASY:

“This book is a revelation. Vengoechea makes a powerful case for why rest matters, shows us how to vanquish obstacles to rest, and offers innovative techniques for making rest a reality in a too-busy world. *Rest Easy* explores burnout culture and how we can take agency to overcome it.”
– Eve Rodsky, *New York Times* bestselling author of *Fair Play*

“*Rest Easy* is a warm and gentle guide for those of us who struggle to step off the productivity treadmill. Well-researched and based on good science, this book is a refreshing reminder that we are, after all, humans who need and deserve rest.” – Celeste Headlee, award-winning journalist and author of *Do Nothing*



Ximena Vengoechea is a researcher, writer, and illustrator whose work on personal and professional development has been published in *Inc.*, the *Washington Post*, *Fast Company*, *Newsweek*, and the *Huffington Post*. She is the author of *Listen Like You Mean It: Reclaiming the Lost Art of True Connection* and writes *Letters from Ximena*, a newsletter on technology, culture, careers, and creativity. She lives in New York City.

Chronicle
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Galley available

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BACKLIST HIGHLIGHTS

GOOD INSIDE: A Guide To Becoming the Parent You Want To Be by Dr. Becky Kennedy 2022



#1 New York Times Bestseller *** Licensed in 35 territories

Dr. Becky Kennedy, the psychologist known as the “Millennial Parenting Whisperer” with over 2.3 million Instagram followers and a very active worldwide community, shares her groundbreaking approach to raising kids and offers practical strategies for parenting in a way that feels *good*, a model that prioritizes connecting with our kids over correcting them. Offering perspective-shifting parenting principles and troubleshooting for specific scenarios—including sibling rivalry, separation anxiety, tantrums, and more—*Good Inside* is a comprehensive resource for a generation of parents looking for a new way to raise their kids while still setting them up for a lifetime of self-regulation, confidence, and resilience.

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SET BOUNDARIES FIND PEACE: A Guide To Reclaiming Yourself 2021

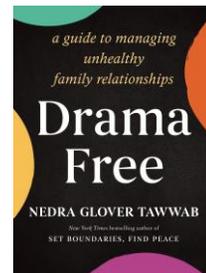
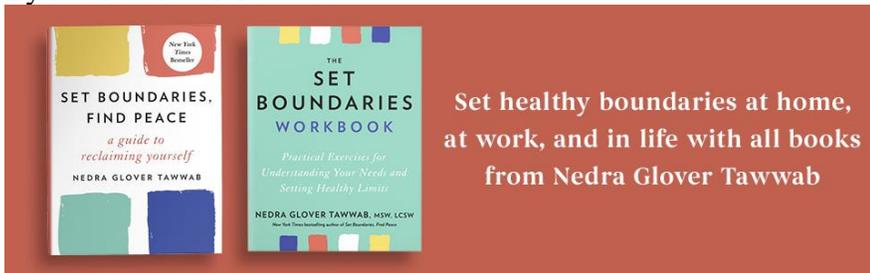
THE BOUNDARIES WORKBOOK: Practical Exercises for Understanding Your Needs and Setting Healthy Limits

2022

DRAMA FREE: A Guide to Managing Unhealthy Family Relationships 2023

THE DRAMA FREE WORKBOOK: Practical Exercises for Managing Unhealthy Family Relationships

By Nedra Glover Tawwab



****NEW YORK TIMES BESTSELLERS****

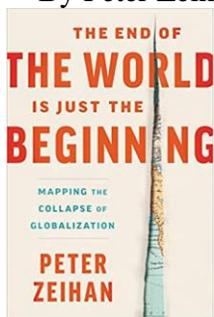
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THE END OF THE WORLD IS JUST THE BEGINNING: Mapping the Collapse of Globalization

By Peter Zeihan

2023



Economics guru and house author Peter Zeihan returns with more shocking and counterintuitive predictions for how globalization will break down and who will benefit.

****New York Times Bestseller****

****over 375,000 copies sold****

In *The End of the World is Just the Beginning*, author and geopolitical strategist Peter Zeihan maps out the *next* world: a world where countries or regions will have no choice but to make their own goods, grow their own food, secure their own energy, fight their own battles, and do it all with populations that are both shrinking and aging. Zeihan brings readers along for an illuminating (and a bit terrifying) ride packed packed with foresight, wit, and his trademark irreverence.

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