

**dtv**



# **Foreign Rights Guide Spring 2024**

**NON-FICTION**



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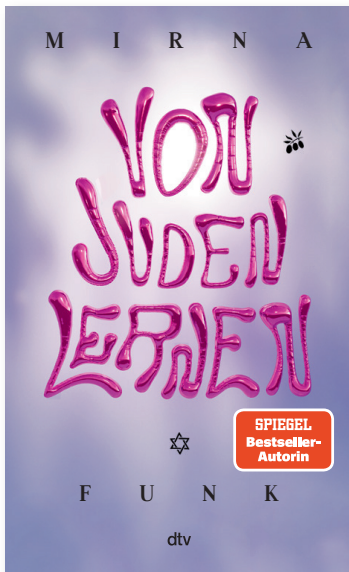


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160 pages  
February 2024

## Mirna Funk Learning from Jews



© Dudy Dayan

### ***Judaism today: What can we learn from 5780 years of history?***

When it comes to Jewish life today, discussions usually revolve around the Holocaust, the Arab-Israeli conflict, or anti-semitism. Yet, Judaism is the oldest of the monotheistic Abrahamic religions, making it a culture and philosophy that goes back thousands and thousands of years. In her latest book, Mirna Funk takes up eight theories from the history of Jewish ideas and brings them into dialogue with the present. These include, for instance, 'lashon hara', the prohibition of defamation, and 'tikkun olam', the duty to improve the world. In doing so, Funk opens up a fresh perspective on political debates, conflict, and personal development. Her account is based in every-day life and, yet, with strong philosophical foundations.

- Mirna Funk demonstrates the potential of Jewish philosophy for our modern society
- Shitstorms, sex, self-determination – an unusual look at current topics

**MIRNA FUNK** was born in 1981 in East Berlin. She studied philosophy and works as a writer and freelance journalist, amongst others for *FAZ*, *Süddeutsche Zeitung*, *Die ZEIT* and various Israeli publications. For the past two years, her monthly column 'Jewish Today' has appeared in *Vogue*. Her debut novel 'Winternähe' was awarded the Uwe Johnson Prize, her nonfiction books are also successful.





192 pages  
March 2024

# Philipp Peyman Engel, Helmut Kuhn German Self-Deception Anti-semitism, over and over again



© Marco Limberg

**PHILIPP PEYMAN ENGEL**, born in in Herdecke in 1983, grew up in the Ruhr region as the son of a Persian-Jewish mother and a German father. He studied philosophy, education, and literature and media studies in Bochum and Essen. The journalist is the editor-in-chief of the weekly newspaper *Jüdische Allgemeine*. In 2023, he was awarded the title 'Editor-in-Chief of the Year.' Texts by Engel on Jewish life, anti-semitism, and Israel are published regularly in *SPIEGEL*, *FAZ*, and *Deutschlandfunk*.

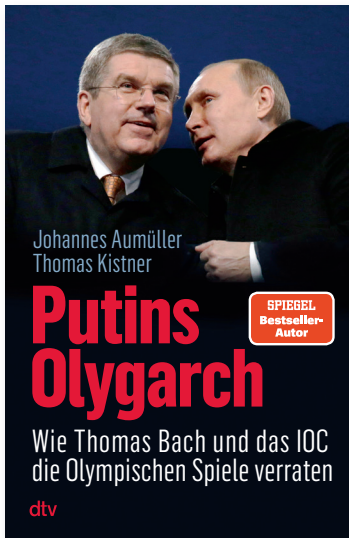
## *Anti-semitism threatens our lives*

The brutal terrorist attack by Hamas on October 7th has become an acid test of political and moral attitudes in Germany. The German Jew Philipp Peyman Engel is shocked that indignation in Germany is expressed so hesitantly – but he's not surprised. For years, the editor-in-chief of the *Jüdische Allgemeine* has been following the ingratiation of the enemies of Israel into German politics and observing everyday anti-semitism from all corners of society – from the right, from the left, from Muslim migrants.

Philipp Peyman Engel sets off on the streets of Neukölln and accompanies Federal President Frank-Walter Steinmeier to Israel, writes about the hypocrisy of the German debate, and tells of his youth as the son of a Persian Jew in North Rhine-Westphalia while his book is a reckoning with those who remain silent on terror and an invitation to take a stand, it is also the ruthless description of the country's moral crisis.

- Current contribution to the debate on anti-semitism in Germany
- Voice of a prominent figure: The author is Editor-in-Chief of the Year 2023

**HELMUT KUHN**, born in Munich in 1962, is a journalist and author in Berlin. He writes for various media and has published several novels and non-fiction books.



320 pages  
April 2024

# Johannes Aumüller, Thomas Kistner Putin's Oligarch How Thomas Bach and the IOC are selling out the Olympic Games

## *Sports, money, power, manipulation - Thomas Bach*

The face of the IOC is a German. His story and that of the ever-criminal IOC have been running in parallel for decades, and it is told here for the first time. Thomas Bach is the man of Arab sheikhs, Chinese government communists, and above all: Putin's oligarch.

This investigative report interweaves sports, politics, money, and propaganda. It's a journey through more than 40 years of the IOC, which culminates in Bach's election and his Russia-friendly policy. The authors trace his 'career' precisely, using numerous files and documents, as well as many discussions with influential stakeholders: not least from international sports associations, Russian politicians, and the KGB.

- The first investigative book about the IOC in more than 20 years
- For readers of 'Football Leaks' and 'FIFA Mafia'



© Martin Hangen

### JOHANNES AUMÜLLER,

born in 1983 and raised in Trier, studied history and Slavic studies in Trier, Moscow, and Munich. Since 2008, he has held various positions at the *Süddeutsche Zeitung*; currently, he is primarily responsible for sports policy and Eastern Europe.

### THOMAS KISTNER,

born in 1958 in Karlsruhe, is a German sports editor at the *Süddeutsche Zeitung* who is best known for his investigative contributions about the dark side of sports, including doping and corruption. Among the non-fiction books he has written since the late 1990s, 'FIFA Mafia', the crime story of FIFA, the largest sports association in the world, stands out. Thomas Kistner has already received numerous journalism awards for his work.



288 pages  
February 2024

## Markus Preiß Counted Out Why a weak Germany is damaging Europe

### *Strangers among friends*

Stable, self-confident, wealthy. Boring, but usually top of the class. For a long time, our European neighbours enviously but respectfully looked at Germany. But its dominance in the EU has been shaken. Putin's war in Ukraine has exposed Germany's weaknesses: economically fragile, strategically naive and nowhere near as modern as we think. Brussels expert Markus Preiß analyses Germany's position in Europe in light of this turning point. The country needs to reposition itself. How will it change in the process? And how will the balance of power in the EU change?

The author spotlights a country that is indispensable for Europe's 'team spirit'; and he does this by drawing on information from leading politicians and insiders gained on the sidelines of official meetings.

- Behind the scenes of EU politics
- What's next? Germany's role in Europe



© Benjamin Brolet

**MARKUS PREISS**, born in 1978 in Heiligenstadt/Thuringia, studied journalism and political science. For thirteen years, he reported from Brussels on Europe, the EU and NATO. He is repeatedly deployed in crisis situations, most recently during the war in Ukraine.



272 pages  
March 2024

# Christoph Safferling, Friedrich Kießling

## The Dispute

### How democracy came to Germany and how we need to revitalise it



© Lerot

**CHRISTOPH SAFFERLING**, born in 1971, is Professor of Criminal Law, Criminal Procedure Law, International Criminal Law, and International Law at the University of Erlangen-Nuremberg.

**FRIEDRICH KIESSLING**, born in 1970, is Professor of Modern and Contemporary History at the Catholic University of Eichstätt-Ingolstadt. He has participated in several major research projects, including one on the history of the Federal Ministry of Agriculture.

### *Germany is in a polycrisis as is its democracy*

All in all, the new beginnings of Germany in 1949 is a success story that gives us great confidence for the enormous challenges of the present and the future – provided that state and society keep adapting to the new tasks. The challenges faced by the rule of law and democracy in Germany are increasing. However, a look back at the founding of the Federal Republic of Germany and the crises of the past 75 years shows that our democracy is more stable than many pessimists would like to admit. Social cohesion during the stormy crises of recent years has proven to be resilient. And in a European comparison, it is striking that radical parties can still be kept out of power in Germany. But the challenges are huge and only through decisive political action, through a reform of the constitutional state, can Germany remain what it is: a liberal democracy.

- German democracy is deeply rooted and resilient – but the future requires adjustments, including to its constitution



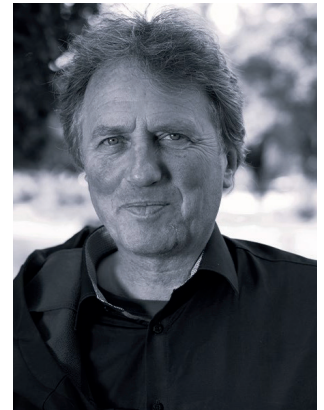
352 pages  
May 2024

## Hans-Peter Kunisch Check to the King Frederick the Great and Albert von Hoditz – an unusual friendship.

### *Bringing to light a so far unknown side of the great Prussian king*

Albert von Hoditz was a connoisseur and a reformer who wanted to turn his castle on the embattled border between Austria and Prussia into an 'Arcadia in Moravia'. His subjects were to become artists. And indeed, his plans were so unusual that Hoditz caught the Prussian King's attention. For Frederick, Hoditz' free existence brought back the memory of the life he himself had missed out on. Frederick's relationship with Hoditz places the strict, dutiful king in a new light and will also surprise specialists on Frederick the Great. The radicalism and contradictions of the Enlightenment become tangible in the private relationship and exchanges of the king and the count. With this wonderful historical miniature Kunisch manages to salvage a very special male friendship from oblivion.

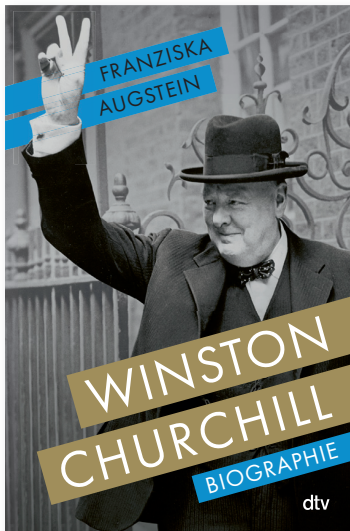
- A warmonger and a peaceful count, a free spirit and philosopher, a Prussian and an Austrian – an extraordinary friendship against the backdrop of the Seven Years' War



© Cornelia Jeske

**HANS-PETER KUNISCH**, born in Visp in 1962, was awarded degrees in German, theater studies, and philosophy, and wrote his dissertation about Musil, Schnitzler, and Kafka. After residing in Paris and Munich, he now lives in Berlin. Hans-Peter Kunisch writes for *ZEIT*, *Süddeutsche Zeitung*, *NZZ*, *WDR Radio*, and *Deutschlandfunk Kultur*, as well as for *Philosophie-Magazin*.





624 pages  
March 2024

## Franziska Augstein Winston Churchill A Biography



© Jürgen Bauer

### FRANZISKA AUGSTEIN

studied history, political science, and philosophy in Berlin, Bielefeld, and at the University of Sussex. She earned her doctorate in 1996 at University College London with a book on early race theories. For many years, she worked for *ZEIT*, the *Frankfurter Allgemeine Zeitung*, and the *Süddeutsche Zeitung*, among others. Franziska Augstein lives in Berlin.

### *He stopped Hitler – the hero of the 20th century*

Among the outstanding politicians of the 20th century, Churchill is the most dazzling. Hollywood has long since made the aristocrat with the cigar a heroic figure. His statement that he has nothing to offer 'except blood, sweat, and tears' is a familiar quotation. Churchill is considered to be one of the greatest speakers in history; he covered his rather extravagant lifestyle among other things by working as a writer and journalist and was awarded the *Nobel Prize for Literature*. He was considered to be done politically in the 1930s, but having tirelessly warned of the threat from Germany, he became Prime Minister overnight as German troops invaded France, and so became Hitler's toughest opponent.

- In a new light: the first Churchill biography from the perspective of a female historian and taking into account the colonialism debate
- A pointed, colorful depiction of Churchill's life and his epoch between Victorian England and the moon landing
- 2025 marks the 150th birthday of Churchill



368 pages  
March 2024  
With 22 b/w images

## Nicola Kuhn

# The Chinese Folding Screen

## How colonialism entered into German living rooms



© Nassim Raad

**NICOLA KUHN**, born in 1962, is an art critic and has been editor of the *Tagesspiegel* arts section since 1991. She studied art history and modern history and is the author of several publications on the subject of art. Ever since she began researching the history of 'her' paravent, she has been fascinated by the subject of looted art.

### *German colonial history in eleven discovered artefacts*

Screens, tea sets, spears, shields and parrots: Nicola Kuhn presents artefacts that tell us a lot about the colonial era. Brought back by missionaries, soldiers, settlers or traders as trophies and mementos, each object conceals the tragedy of an occupied country and its people. The artefacts bear witness to the extreme violence as well as the supposedly peaceful coexistence, radical exploitation, as well as attempts at rapprochement. The current owners, who have to find a way of dealing with this legacy, also have their say. Nicola Kuhn thus creates a narrative panorama of German colonial rule. She believes that after a century of silence, it is time to get a picture.

- Nicola Kuhn is an expert on looted art and a renowned journalist
- The outside world and the private living room are brilliantly linked in this narrative
- Colonial history excitingly illustrated with individual objects



240 pages  
April 2024  
With 15 b/w images

# Samra Kljajic

## Keeping Up With the Habsburgers & Co.

Bizarre hobbies, wild love stories & other absurdities from the lives of the greatest influencers in history



© private

**SAMRA KLJAJIC** studied international development. In 2021, she followed her passion for history and produced her first TikTok video. This video, about the chainsaw as an obstetrical instrument, went viral. Since then, she has provided her community with exciting and crazy historical facts, conveying connections between historical events and uncovering unexpected stories behind personalities. She is from Vienna, Austria.

### *Status symbols, self-presentation and fake news*

Status symbols, self-presentation, and fake news – a look into the past shows that these phenomena are not side-effects of digitalization. Samra Kljajic introduces us to the influencers of earlier times. Beauty ideals, self-presentation, cancel culture, and fake news are not modern phenomena – who were the historical influencers and what influence did they have? With her wide-ranging knowledge and by marshalling unexpected facts, the author shows us that the effects of social media are older than we believe and how individuals achieved enormous reach long before the invention of the internet.

- A look behind the scenes of glamorous royal families
- Unexpected facts that changed world history
- Revolutionary inventions and scientific breakthroughs



224 pages  
February 2024

## Learn to love math

Too complicated, too boring, and too impractical? Many of us have these reservations about mathematics, and in school it is not uncommon for it to be the most-hated subject. But two successful TikTokers, Josef Naber and Johannes Mensing of MatheMind, see things quite differently. They love mathematics and manage to infect everyone with their enthusiasm. What do QR codes have to do with math? Why do airlines sell more tickets than there are seats on the plane? And: How can YOU become a math genius? With this book, your view of the world of numbers will change forever!

- Unbelievable – tips, tricks, and fun facts about math that you have never heard before
- Entertaining – two young mathematicians know how much fun formulas, equations, and fractions can be

# Johannes Mensing, Josef Naber Everyone Can Do Math – And We Prove It



© Matthias Reithmann

**JOHANNES MENSING**, born in 1999, studied mathematics and social sciences and founded the company MatheMind together with Josef Naber. Through many years' experience of teaching math, he knows exactly how to inspire people to learn this subject.

**JOSEF NABER**, born in 1998, studied mathematics and social sciences. After more than 1,000 math videos on TikTok with more than 150 million views, he is familiar with numerous students' success stories, and he is therefore firmly convinced that everyone can do math!





144 pages  
May 2024  
With 28 4c illustrations

## *Let's talk about how we can protect our brains from ageing*

We have been taught how to look after our bodies (for the most part). But what is missing is a conversation about our brains – how can we preserve our mental abilities as we age?

Every heartbeat, every thought, and every feeling is determined by our nerves. They communicate with each other constantly. But how do they age? How does the brain actually age? And what can we do to keep it working, to keep ourselves young and healthy on the inside? Marianne Koch delves into the science of what protects us against Alzheimer's and dementia. She explores why it is so important for our cognitive reserves to continue learning throughout our lives. She considers why we should pay attention to good sleep, how we can counter pain, and what we can do to avoid loneliness in old age. She encourages readers to face the later years with boldness and confidence, sprinkling in experiences from her own life.

- Wonderfully vividly explained and informative
- With over 90 years of age, Marianne Koch epitomises what she is talking about

## **Marianne Koch** **Healthy Ageing** **How to remain mentally fit and active**



© Acorn

**MARIANNE KOCH** born in 1931, practised for decades as an internist, and now works as a medical journalist and author. The doctor hosts the weekly radio programme 'Das Gesundheitsgespräch' (The Health Talk). Marianne Koch has been honoured numerous times for her work in the media communication of medical topics. In May 2019, she received the Paracelsus Medal, the highest honour granted by the German Medical Association.





256 pages  
November 2023

## Christina Berndt

### The Formula for Optimal Health

#### Bolstering the interaction of the psyche, nerves, and immune system



© Gerald von Forst

#### *How feelings affect our immune system*

**Psychoneuroimmunology:** This is the science that is crucial for our health and well-being. In a sound and very vivid manner, Christina Berndt shows how feelings and beliefs affect our immune system and, conversely, how our immune systems influence our thoughts and behavior. Whether psyche, brain, or nerves: If just one of them slips out of balance, this has consequences for the other two. If, for example, stress attacks your nerves, your immune system is no longer able to fight diseases well. However, we can do a lot to stabilize this network. Christina Berndt shows us which strategies increase our self-healing powers and resilience, and how we can promote our health holistically.

- Cutting-edge topic, clearly explained with the latest studies and surprising findings
- Print run of Christina Berndt at dtv: More than 300,000 copies
- Previous books by the author have been sold to: Brazil, Italy, Latvia, Norway, Poland, Russia, Serbia, Spain and Taiwan

**CHRISTINA BERNDT** studied biochemistry and earned her doctorate with honours in immunology. She is an author, speaker on topics about psychology, medicine, and science, and the science editor of the *Süddeutsche Zeitung*. She has won numerous awards, including the 2013 *Wächterpreis der deutschen Tagespresse* (Guard Prize of the German Daily Press), and 2019 honorary prize of the German Society for Psychiatry and Psychotherapy. She has been voted one of the science journalists of the year several times.



280 pages  
June 2024

## Sacha Bachim

### Fact Check Psyche

#### 50 myths we can do without



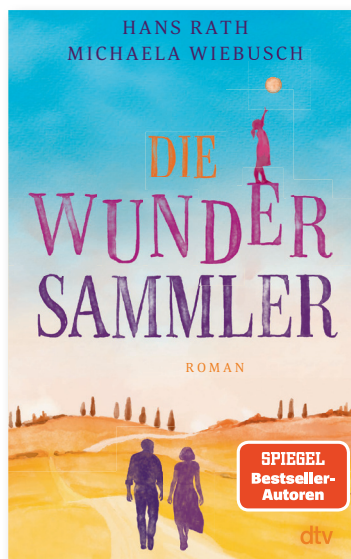
© Sacha Bachim

**SACHA BACHIM**, born in 1983, has been working as a psychologist and psychotherapist in Luxembourg since 2008. As a therapist, speaker, trainer and author of counselling books, he shares his knowledge of applied psychology and psychotherapy. One of his aims is to sensitise the general public to mental health issues. His advice for self-help is based on scientifically sound methods, coupled with creativity and humour.

### *Finally living a free and self-determined life*

'If you believe it, you can achieve it' – we all know such basic assumptions that influence our thoughts, feelings and actions. We have been shaped by our upbringing and socialisation, we do not question such beliefs and rather take them for granted. They are often based on outdated misconceptions and irrational assumptions. Sacha Bachim is convinced that such myths weigh heavily on us. In his new book, he shows the myths' origins and explains what we can do to get rid of them. With numerous tips, exercises and practical solutions.

- The new book by the bestselling author of : 'Therapy to Go', with over 50,000 copies sold and translations licenced into eight languages
- Scientifically sound and entertainingly written



304 pages  
February 2024

## Hans Rath, Michaela Wiebusch *The Miracle Collectors*



© Alan Ovaska

**HANS RATH** was born in 1965 and studied philosophy, German, and psychology. He is now a freelance author and screenwriter and lives in Berlin with his family.

### *About the miracles of life – big and small*

In Liguria, sociology student Paula is keen to put the finishing touches to her doctoral thesis on miracles. Miracles, as it turns out, are rather difficult to grasp, scientifically speaking. But soon help arrives in the form of Benedict, a priest from a Marian pilgrimage site in Bavaria. Miracles are his bread and butter – but does he believe in them?

Together they examine Paula's collection of miracles and set off on a journey. They encounter a curator of miracles in Avignon, a mathematics professor in Bern, a hermit in the Swiss mountains, a psychologist, and a pair of astronomers, all of whom help them, finally, to grasp the phenomenon of miracles.

- Two unlikely companions on a journey that changes everything
- A novel as comforting as a hug

**MICHAELA WIEBUSCH**, born in 1971, is a film and stage actress, a bodywork therapist and a psychological counsellor. She lives with her family in Berlin. Her motto: You have to know yourself to find your best life!

#### BY THE SAME AUTHOR



### *The Mosaic of My Life*

240 pages  
September 2023



### *In the Village of Butterflies*

224pages  
March 2022

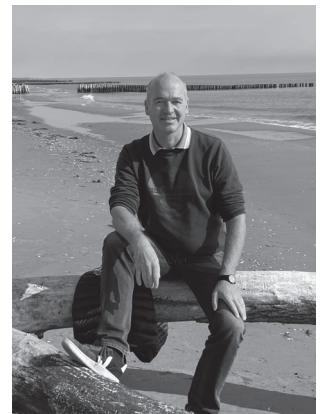


384 pages  
April 2024

## Stefan Ulrich

### Isole Belle

All of Italy in 15 island stories



© Annette Ulrich

**STEFAN ULRICH**, born in 1963, reported from Rome and Paris for *Süddeutsche Zeitung* for eight years. Now a freelance writer, he lives with his family in Munich. His books are *SPIEGEL* bestsellers, one of them was turned into a film. Ulrich has received various awards for his work as a journalist and writer, e.g. the *German-Italian Journalism Prize* and the *Theodor Wolff Prize*.

### *15 islands. 15 stories. Understanding Italy*

Italian islands are not only fantastic holiday destinations with sandy beaches, cliffs, old town streets, and gelato shops, but also places rich in millennia-old history – and in today's contradictions and conflicts. Stefan Ulrich invites you on a journey of discovery, on which each of the familiar or unfamiliar islands represents a historical epoch of the country. In addition, Ulrich emphasizes the effects of history on the present, on mentality and cuisine, politics, economy, and tourism.

- About cuisine and cellar, Italianita, marine conservation, mafia, migration, and the future of Italy
- From the Phoenicians and Romans to the Arabs and Spaniards up to the present day

#### BY THE SAME AUTHOR



### *Azzurro Again*

368 pages  
June 2022





# Katrin de Vries

## A Garden Reveals Itself

### A tale of another life



© Eva Häberle

**KATRIN DE VRIES**, born in 1959, lives in East Frisia. She is a writer and gardener.

240 pages  
February 2024

### *The garden as teacher*

When Katrin de Vries moves back to her home after years in the big city, to a brick house in East Frisia with a large garden, she is still convinced that the lawn should be mowed, weeds weeded and rotten trees cut down. But gradually her idea of natural beauty, indeed of nature in general, changes and she dares to take a new approach: Instead of designing the garden according to prevailing conventional ideas, she gives free rein to the trees, grasses, bushes and flowers on her doorstep. And while it grows, teems and sprouts around her, she observes and learns – and can't help but think of her grandparents, for whom the garden had a completely different meaning.

An impressive, literary text – sensual, thought-provoking and atmospheric.

- Emotional nature writing: What can we learn from nature on our doorstep?
- Fascinating family history: insights into the traditional way of life of farm labourers
- For readers of Robin Lane Fox, Jan Haft and Ewald Frie





## Tessa Randau Courage Starts in the Heart

240 pages  
January 2025

*True freedom is inside you*

A woman in her late thirties is living a normal life when she suddenly suffers a panic attack on the train. All at once, fear is omnipresent: It ambushes her at the supermarket, on the highway, at work, and in restaurants. With the help of therapy, she recognizes that she has avoided making important decisions for far too long. Gradually she learns to break through her old patterns, to stand up for herself and her beliefs. Along with her garden, which she also had neglected for a long time, she blossoms again, learns to be less perfect, to accept help, and to let go. A story about a time of change in which the narrator gains new inner freedom.

+ DTV PREVIEW + DTV PREVIEW + DTV PREVIEW + DTV PREVIEW + DTV PREVIEW + DTV PREVIEW +



## Catharina Hamm Save Your Heart!

256 pages  
January 2025

*Strong hearts beat longer*

Our heart beats tirelessly, 100,000 times a day. Women's hearts are smaller than men's hearts and still manage to beat for two during pregnancy. But mental stress, poor nutrition, and lack of exercise are a major problem for hearts. And that can end fatally: The #1 cause of death in women is cardiovascular disease. But you can reduce your risk by half and significantly increase your life expectancy! Dr. Catharina Hamm shows you how. With medical facts, personal experiences, and practical tips, she explains heart-healthy lifestyles and when it's best to start taking care of your heart. Spoiler: It's never too early. Now would be a good time.